# COURSE OUTLINE DESIGN OF ADAPTED PHYSICAL ACTIVITY PROGRAMS

## 1. GENERAL

| | | | |
|---|---|---|---|
| **SCHOOL** | PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY | | |
| **DEPARTMENT** | PHYSICAL EDUCATION AND SPORT SCIENCE | | |
| **LEVEL OF STUDIES** | ISCED level 6 – Bachelor's or equivalent level | | |
| **COURSE CODE** | C669 | **SEMESTER** | 6th |
| **COURSE TITLE** | DESIGN OF ADAPTED PHYSICAL ACTIVITY PROGRAMS | | |

| **TEACHING ACTIVITIES** *If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.* | **TEACHING HOURS PER WEEK** | **ECTS CREDITS** |
|---|---|---|
| | 3 | 6 |
| | | |
| | | |
| *Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.* | | |

| | |
|---|---|
| **COURSE TYPE** *Background, General Knowledge, Scientific Area, Skill Development* | SCIENTIFIC AREA, SKILL DEVELOPMENT SPECIALIZATION COURSE |
| **PREREQUISITES:** | NO |
| **TEACHING & EXAMINATION LANGUAGE:** | Greek |
| **COURSE OFFERED TO ERASMUS STUDENTS:** | NO |
| **COURSE URL:** | https://eclass.duth.gr/courses/214/ |

## 2. LEARNING OUTCOMES

**Learning Outcomes**

*Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.*

After completing this course, students will be able to:

- *Know and understand the principles of designing Physical Education/Adapted Physical Activity programs and the principles of inclusion.*
- *Design and implement the teaching of Adapted Physical Activity in Special Kindergarten, Special Primary School, and Special Secondary School.*
- *Design and implement the Individualized Education Program (IEP) within the framework of interdisciplinary collaboration in the Special School.*

**General Skills**

*Name the desirable general skills upon successful completion of the module*

*Search, analysis and synthesis of data and information,*
*ICT Use*
*Adaptation to new situations*
*Decision making*
*Autonomous work*
*Teamwork*
*Working in an international environment*
*Working in an interdisciplinary environment*
*Project design and management*
*Equity and Inclusion*
*Respect for the natural environment*
*Sustainability*
*Demonstration of social, professional and moral responsibility and sensitivity to gender issues*
*Critical thinking*
*Promoting free, creative and inductive reasoning*

| *Production of new research ideas* |
|---|
| • *Search, analysis and synthesis of data and information, ICT Use*<br>• *Adaptation to new situations*<br>• *Decision making*<br>• *Autonomous work*<br>• *Teamwork*<br>• *Working in an interdisciplinary environment*<br>• *Equity and Inclusion*<br>• *Demonstration of social, professional and moral responsibility and sensitivity to gender issues*<br>• *Critical thinking*<br>• *Promoting free, creative and inductive reasoning* |

**3. COURSE CONTENT**

1. *Principles of designing Physical Education/Adapted Physical Activity programs*
2. *Inclusion/Co-education in Adapted Physical Education/ Activity*
3. *Inclusive activities in Adapted Physical Education/ Activity*
4. *The Individualized Education Program (IEP)*
5. *The curriculum of Special/Adapted Physical Education*
6. *IEP Design I*
7. *IEP Design II*
8. *Design of Adapted Physical Education lesson*
9. *Exemplary Adapted Physical Education teachings in Special Kindergarten I*
10. *Exemplary Adapted Physical Education teachings in Special Kindergarten II*
11. *Exemplary Adapted Physical Education teachings in Special Primary School I*
12. *Exemplary Adapted Physical Education teachings in Special Primary School II*
13. *Exemplary Adapted Physical Education teachings in Special Secondary School*

## 4. LEARNING & TEACHING METHODS - EVALUATION

| | |
|---|---|
| **TEACHING METHOD**<br>*Face to face, Distance learning, etc.* | Face to face Lectures and practical applications |
| **USE OF INFORMATION & COMMUNICATIONS TECHNOLOGY (ICT)**<br>*Use of ICT in Teaching, in Laboratory Education, in Communication with students* | Use of ICT in Teaching and communication with students |
| **TEACHING ORGANIZATION**<br>*The ways and methods of teaching are described in detail.*<br>*Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.*<br><br>*The supervised and unsupervised* | |

| ***Activity*** | ***Workload/semester*** |
|---|---|
| Lectures | 39 |
| Seminars | 21 |
| Bibliographic research & analysis | 30 |
| Group project | 30 |
| Portfolio | 30 |
| **Total** | **150** |

| | |
|---|---|
| *workload per activity is indicated here, so that total workload per semester complies to ECTS standards.* | |
| **STUDENT EVALUATION**<br>*Description of the evaluation process*<br><br>*Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic interpretation, Other/Others*<br><br>*Please indicate all relevant information about the course assessment and how students are informed* | Formative evaluation<br>Assignment on a given scenario using the IEP (group) (30%)<br>Portfolio (30%)<br>Exemplary teaching (40%) |

## 5. SUGGESTED BIBLIOGRAPHY


*1. Sherrill C. (2014). Adapted Physical Activity, Recreation & Sport. BROKEN HILL PUBLISHERS LTD*


# ANNEX OF THE COURSE OUTLINE

# Alternative ways of examining a course in emergency situations

| | |
|---|---|
| **Teacher (full name):** | Antonis Kambas, Professor |
| **Contact details:** | akampas@phyed.duth.gr , Tel. 2531039643 |
| **Supervisors: (1)** | NO |
| **Evaluation methods: (2)** | Oral examination with distance learning methods |
| **Implementation Instructions: (3)** | The examination in the course will be carried out in subgroups of 5 users depending on the number of participants in the course, on the day according to the examination program announced by the Secretariat.<br>The exam will be conducted through Microsoft Teams. The link will be sent to students via e-class exclusively to the institutional accounts of those who have registered for the course and have learned the terms of distance methods.<br>Students will have to log in to the examination room through their institutional account, otherwise they will not be able to participate. They will also take part in the examination with a camera, which they will have open during the examination. Before the start of the exam, students will show their identity to the camera, so that they can be |

| | |
|---|---|
| | identified.<br>Each student should answer multiple choice questions, free text development, critical thinking. Each of the questions is graded from 0.5 to 2.0 points depending on the question category. |