COURSE OUTLINE EXERCISE AND DISABILITY

1. GENERAL

SCHOOL	PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY		
DEPARTMENT	PHYSICAL EDUCATION AND SPORT SCIENCE		
LEVEL OF STUDIES	ISCED level 6 – Bachelor's or equivalent level		
COURSE CODE	C668	**SEMESTER**	6th
COURSE TITLE	EXERCISE AND DISABILITY		

TEACHING ACTIVITIES *If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.*	**TEACHING HOURS PER WEEK**	**ECTS CREDITS**
	3	6
Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.		

COURSE TYPE *Background, General Knowledge, Scientific Area, Skill Development*	SCIENTIFIC AREA, SKILL DEVELOPMENT SPECIALIZATION COURSE
PREREQUISITES:	NO
TEACHING & EXAMINATION LANGUAGE:	Greek
COURSE OFFERED TO ERASMUS STUDENTS:	NO
COURSE URL:	https://eclass.duth.gr/courses/200/

2. LEARNING OUTCOMES

Learning Outcomes

Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.

After completing this course, students will be able to:

- *Know and understand both the sports of the Paralympics and Special Olympics, as well as the sports for the Deaf, and the rules for conducting the most important sports.*
- *Design and implement awareness days for the Paralympic Games, Deaf Games, and Special Olympics.*
- *Implement educational activities for teaching sports to athletes with disabilities*.

General Skills

Name the desirable general skills upon successful completion of the module

Search, analysis and synthesis of data and information,
ICT Use
Adaptation to new situations
Decision making
Autonomous work
Teamwork
Working in an international environment
Working in an interdisciplinary environment
Project design and management
Equity and Inclusion
Respect for the natural environment
Sustainability
Demonstration of social, professional and moral responsibility and sensitivity to gender issues
Critical thinking
Promoting free, creative and inductive reasoning

Production of new research ideas
• *Search, analysis and synthesis of data and information, ICT Use* • *Adaptation to new situations* • *Decision making* • *Autonomous work* • *Teamwork* • *Working in an interdisciplinary environment* • *Production of new research ideas* • *Equity and Inclusion* • *Demonstration of social, professional and moral responsibility and sensitivity to gender issues* • *Critical thinking* • *Promoting free, creative and inductive reasoning*

3. COURSE CONTENT

1. *Paralympic sports*
2. *Wheelchair Basketball & Sitting Volleyball*
3. *5x5 Football*
4. *Wheelchair Tennis & Table Tennis - Para-Badminton*
5. *Boccia & Goalball*
6. *Swimming*
7. *Special Olympics*
8. *Tennis*
9. *Badminton*
10. *Table Tennis*
11. *Bowling - Bocce*
12. *Athletics*
13. *Deaf Sports*

4. LEARNING & TEACHING METHODS - EVALUATION

TEACHING METHOD *Face to face, Distance learning, etc.*	FACE TO FACE LECTURES AND PRACTICAL APPLICATIONS
USE OF INFORMATION & COMMUNICATIONS TECHNOLOGY (ICT) *Use of ICT in Teaching, in Laboratory Education, in Communication with students*	Use of ICT in Teaching and communication with students
TEACHING ORGANIZATION *The ways and methods of teaching are described in detail.* *Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.*	

Activity	***Workload/semester***
Lectures	39
Practical Application	43
Educational visits	68
Total	**150**

The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.	
STUDENT EVALUATION *Description of the evaluation process* *Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic interpretation, Other/Others* *Please indicate all relevant information about the course assessment and how students are informed*	Formative evaluation Online theoretical knowledge quiz (4X15%) Exemplary sports teaching (30%) Portfolio (10%)

5. SUGGESTED BIBLIOGRAPHY

1. *KOKARIDAS D. (2021). SPECIAL PHYSICAL EDUCATION. AFOI KYRIAKIDIS EKDOSEIS A.E.*

ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

Teacher (full name):	Antonis Kambas, Professor
Contact details:	akampas@phyed.duth.gr , Tel. 2531039643
Supervisors: (1)	NO
Evaluation methods: (2)	Oral examination with distance learning methods
Implementation Instructions: (3)	The examination in the course will be carried out in subgroups of 5 users depending on the number of participants in the course, on the day according to the examination program announced by the Secretariat. The exam will be conducted through Microsoft Teams. The link will be sent to students via e-class exclusively to the institutional accounts of those who have registered for the course and have learned the terms of distance methods. Students will have to log in to the examination room through their institutional account, otherwise they will not be able to participate. They will also take part in the examination with a camera, which they

	will have open during the examination. Before the start of the exam, students will show their identity to the camera, so that they can be identified. Each student should answer multiple choice questions, free text development, critical thinking. Each of the questions is graded from 0.5 to 2.0 points depending on the question category.