

## COURSE OUTLINE DISABILITY AND PHYSICAL ACTIVITY

### 1. GENERAL

|   |   |                                |                     |
|---|---|--------------------------------|---------------------|
| <b>SCHOOL</b>   | PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY                            |                                |                     |
| <b>DEPARTMENT</b>   | PHYSICAL EDUCATION AND SPORT SCIENCE  |                                |                     |
| <b>LEVEL OF STUDIES</b>   | 6 ISCED level 6 – Bachelor's or equivalent level                                      |                                |                     |
| <b>COURSE CODE</b>  | C666  | <b>SEMESTER</b>                | 5 <sup>th</sup>     |
| <b>COURSE TITLE</b>   | DISABILITY AND PHYSICAL ACTIVITY  |                                |                     |
| <b>TEACHING ACTIVITIES</b><br><i>If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.</i> |   | <b>TEACHING HOURS PER WEEK</b> | <b>ECTS CREDITS</b> |
|   |   | 3                              | 6                   |
|   |   |                                |                     |
|   |   |                                |                     |
| Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.   |   |                                |                     |
| <b>COURSE TYPE</b><br><i>Background, General Knowledge, Scientific Area, Skill Development</i>  | SCIENTIFIC AREA, SKILL DEVELOPMENT<br>SPECIALIZATION COURSE                           |                                |                     |
| <b>PREREQUISITES:</b>   | NO  |                                |                     |
| <b>TEACHING &amp; EXAMINATION LANGUAGE:</b>   | Greek   |                                |                     |
| <b>COURSE OFFERED TO ERASMUS STUDENTS:</b>  | NO  |                                |                     |
| <b>COURSE URL:</b>  | <a href="https://eclass.duth.gr/courses/213/">https://eclass.duth.gr/courses/213/</a> |                                |                     |

### 2. LEARNING OUTCOMES

|   |   |
|---|---|
| <b>Learning Outcomes</b><br><i>Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.</i>   |   |
| <p>Upon completion of this course, students will be able to:</p> <ul style="list-style-type: none"> <li>• Know and understand the basic principles of Psychometrics.</li> <li>• Evaluate and manage assessment data of physical and functional abilities, motor competence, and dexterity.</li> <li>• Draft individual assessment reports.</li> </ul> |   |
| <b>General Skills</b><br><i>Name the desirable general skills upon successful completion of the module</i>  |   |
| <i>Search, analysis and synthesis of data and information,<br/>ICT Use<br/>Adaptation to new situations<br/>Decision making<br/>Autonomous work<br/>Teamwork<br/>Working in an international environment<br/>Working in an interdisciplinary environment<br/>Production of new research ideas</i>   | <i>Project design and management<br/>Equity and Inclusion<br/>Respect for the natural environment<br/>Sustainability<br/>Demonstration of social, professional and moral responsibility and sensitivity to gender issues<br/>Critical thinking<br/>Promoting free, creative and inductive reasoning</i> |
| <ul style="list-style-type: none"> <li>• Search, analysis and synthesis of data and information, ICT Use</li> <li>• Adaptation to new situations</li> <li>• Decision making</li> <li>• Autonomous work</li> <li>• Teamwork</li> </ul>   |   |

- Working in an interdisciplinary environment
- Production of new research ideas
- Equity and Inclusion
- Demonstration of social, professional and moral responsibility and sensitivity to gender issues
- Critical thinking
- Promoting free, creative and inductive reasoning

### 3. COURSE CONTENT

1. Disability and Classification Systems I
2. Disability and Classification Systems II
3. Neurodevelopmental Disorders I
4. Neurodevelopmental Disorders II
5. Sensory Disorders I
6. Sensory Disorders II
7. Other Disorders (Chromosomal, Conduct, etc.)
8. Cerebral Palsy I
9. Cerebral Palsy II
10. Movement Disability I
11. Movement Disability II
12. Organization of Physical Activity for People with Disabilities I
13. Organization of Physical Activity for People with Disabilities II

### 4. LEARNING & TEACHING METHODS - EVALUATION

|   |   |                          |
|---|---|--------------------------|
| <b>TEACHING METHOD</b><br><i>Face to face, Distance learning, etc.</i>  | FACE TO FACE LECTURES AND PRACTICAL APPLICATIONS  |                          |
| <b>USE OF INFORMATION &amp; COMMUNICATIONS TECHNOLOGY (ICT)</b><br><i>Use of ICT in Teaching, in Laboratory Education, in Communication with students</i>   | Use of ICT in Teaching and communication with students  |                          |
| <b>TEACHING ORGANIZATION</b><br><i>The ways and methods of teaching are described in detail.</i><br><i>Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research &amp; analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.</i><br><i>The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.</i> | <b>Activity</b>   | <b>Workload/semester</b> |
|   | Lectures  | 39                       |
|   | Seminars  | 21                       |
|   | Bibliographic research & analysis   | 30                       |
|   | Group project   | 30                       |
|   | Portfolio   | 30                       |
|   | <b>Total</b>  | <b>150</b>               |
| <b>STUDENT EVALUATION</b><br><i>Description of the evaluation process</i><br><i>Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report,</i>   | Formative evaluation<br>Online theoretical knowledge quiz (2X20%)<br>Group Project (40%)<br>Portfolio (20%) |                          |

Clinical examination of a patient, Artistic interpretation, Other/Others

Please indicate all relevant information about the course assessment and how students are informed

## 5. SUGGESTED BIBLIOGRAPHY

1. Watson N., Vehmas S., (2025). *Studies about Disability*, ISBN: 9786182211366, ΕΚΔΟΣΕΙΣ Α. ΤΖΙΟΛΑ & ΥΙΟΙ Α.Ε.

## ANNEX OF THE COURSE OUTLINE

### Alternative ways of examining a course in emergency situations

|   |   |
|---|---|
| <b>Teacher (full name):</b>             | Antonis Kambas, Professor   |
| <b>Contact details:</b>                 | <a href="mailto:akampas@phyed.duth.gr">akampas@phyed.duth.gr</a> , Tel. 2531039643  |
| <b>Supervisors: (1)</b>                 | NO  |
| <b>Evaluation methods: (2)</b>          | Oral examination with distance learning methods   |
| <b>Implementation Instructions: (3)</b> | <p>The examination in the course will be carried out in subgroups of 5 users depending on the number of participants in the course, on the day according to the examination program announced by the Secretariat.</p> <p>The exam will be conducted through Microsoft Teams. The link will be sent to students via e-class exclusively to the institutional accounts of those who have registered for the course and have learned the terms of distance methods.</p> <p>Students will have to log in to the examination room through their institutional account, otherwise they will not be able to participate. They will also take part in the examination with a camera, which they will have open during the examination. Before the start of the exam, students will show their identity to the camera, so that they can be identified.</p> <p>Each student should answer multiple choice questions, free text development, critical thinking. Each of the questions is graded from 0.5 to 2.0 points depending on the question category.</p> |