COURSE OUTLINE OFFENSIVE TACTICS ISSUES IN FOOTBALL

1. GENERAL

| SCHOOL | PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL | | | | |
|---|--|--------------------------|---|--------------|---|
| | THERAPY | | | | |
| DEPARTMENT | PHYSICAL EDUCATION AND SPORT SCIENCE | | | | |
| LEVEL OF STUDIES | ISCED level 6 – Bachelor's or equivalent level | | | | |
| COURSE CODE | C647 | SEMESTER 5 th | | | |
| COURSE TITLE | OFFENSIVE TACTICS ISSUES IN FOOTBALL | | | | |
| TEACHING ACT | | | | | |
| If the ECTS Credits are distribute | | | | | |
| course e.g. lectures, labs etc. If the | | | | ECTS CREDITS | |
| to the whole course, then please in | | | | | |
| per week and the correspor | per week and the corresponding ECTS Credits. | | | | |
| | | | 3 | | 6 |
| | | | | | |
| | | | | | |
| Please, add lines if necessary. Teaching methods and | | | | | |
| organization of the course are described in section 4. | | | | | |
| COURSE TYPE Background, General Knowledge, Scientific Area, Skill Development | Scientific Area, Skill Development | | | | |
| PREREQUISITES: | | | | | |
| | NO | | | | |
| TEACHING & | Greek | | | | |
| EXAMINATION LANGUAGE: | | | | | |
| COURSE OFFERED TO | NO | | | | |
| ERASMUS STUDENTS: | | | | | |
| COURSE URL: | https://eclass.duth.gr | | | | |

2. LEARNING OUTCOMES

Learning Outcomes

Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.

After successful completion of the course, participants will be able to:

- During the semester, the students will have met and acquired the necessary knowledge regarding individual, sub-group and team offensive tactics in football.
- be trained in special topics concerning the cooperation of the defense, center and attack players, the game between the lines as well as the ways of breaking the opposing defense from the center and from the ends.
- get to know the different types of offensive transition after recovery in

central defense and attack from both a theoretical and practical point of view.

• to design and implement training plans related to attacking tactics in football teams from 18/19 years and above.

General Skills

Name the desirable general skills upon successful completion of the module

Search, analysis and synthesis of data and Project design and management

information, Equity and Inclusion

ICT Use Respect for the natural environment

Adaptation to new situations Sustainability

Decision makingDemonstration of social, professional and moralAutonomous workresponsibility and sensitivity to gender issues

Teamwork Critical thinking

Working in an international environment Promoting free, creative and inductive reasoning

Working in an interdisciplinary environment

Production of new research ideas

Adaptation to new situations

Decision making

Autonomous work

Working in an interdisciplinary environment

Project design and management

Equity and Inclusion

Respect for the natural environment

Sustainability

Demonstration of social, professional and moral responsibility and sensitivity

to gender issues Critical thinking

Promoting free, creative and inductive reasoning

3. COURSE CONTENT

- 1. individual attacking tactics of extreme forwards (theory-practice)
- 2. Individual attacking tactics 1V1 of the central strikers (theory-practice)
- 3. 3Sub-group offensive tactics: cooperation of the central-extreme defenders and the central media with the extreme attackers (theory-practice)
- 4. Sub-team offensive tactics: cooperation of attacking players (theory-practice)
- 5. 5Sub-group offensive tactics: cooperation between defenders and central midfielders (theory practice)
- 6. 6Subgroup offensive tactics: cooperation of the media with the attackers (theory-practice)
- 7. Sub-team attacking tactics: play between the lines
- 8. Sub-team attacking tactics: splitting the opposing defense from the wings
- 9. Sub-team attacking tactics: splitting the opposing defense from the center
- 10. Team offensive tactics: defensive pressing and positive transition (theory and

practice)

- 11. Team offensive tactics: center pressing and positive transition (theory and practice)
- 12. Team offensive tactics: aggressive pressing and positive transition (theory and practice)
- 13. Team offensive tactics: Gegen (counter) pressing and positive transition (theory and practice)

4. LEARNING & TEACHING METHODS - EVALUATION

| TEACHING METHOD | Casa to face | | | | |
|--|---|-------------------|--|--|--|
| Face to face, Distance learning, etc. | Face to face | | | | |
| USE OF INFORMATION & | Use of T.P.E. in Teaching and Communication with | | | | |
| COMMUNICATIONS | students | | | | |
| TECHNOLOGY (ICT) | • digital slides | | | | |
| Use of ICT in Teaching, in Laboratory | • video | | | | |
| Education, in Communication with students | MsTeams/ e-class, webmail | | | | |
| TEACHING ORGANIZATION | Activity | Workload/semester | | | |
| The ways and methods of teaching are | Lectures | 39 | | | |
| described in detail. Lectures, Seminars, Laboratory Exercise, | Field practice | 26 | | | |
| Field Exercise, Bibliographic research & | Tutoring | 45 | | | |
| analysis, Tutoring, Internship (Placement), | Bibliographic | 37 | | | |
| Clinical Exercise, Art Workshop, Interactive | research&analysis | | | | |
| learning, Study visits, Study / creation, project, creation, project. Etc. | Examination | 3 | | | |
| project, creation, project Etc. | Total Course | 150 | | | |
| The supervised and unsupervised workload | | | | | |
| per activity is indicated here, so that total | | | | | |
| workload per semester complies to ECTS standards. | | | | | |
| STUDENT EVALUATION | A. Assessment in ACTION (60%) which will be | | | | |
| Description of the evaluation process | distributed as follows: | | | | |
| Assessment Language, Assessment | • 30% from the presentation of the Didactic Footl | | | | |
| Methods, Formative or Concluding, | work on the field | | | | |
| Multiple Choice Test, Short Answer Questions, Essay Development Questions, | • 20% of the students' technical ability, which will be | | | | |
| Problem Solving, Written Assignment, | evaluated by the teacher throughout the | | | | |
| Essay / Report, Oral Exam, Presentation in | participation in the practical part of the Spring | | | | |
| audience, Laboratory Report, Clinical | semester courses. | | | | |
| examination of a patient, Artistic | • 10% from systematic attendance and active | | | | |
| interpretation, Other/Others | participation in the course. | | | | |
| Please indicate all relevant information | | | | | |
| about the course assessment and how | B. In the score of the Written Theory exams (40%) | | | | |
| students are informed | A condition for a successful overall grade of the | | | | |
| | course is that the student has been graded with five | | | | |
| | | 3 | | | |

(5), both in Theory and Practice. The student does

not need to repeat the exam in the theoretical or practical part, who has achieved a grade greater than five (5) and the score is included in the final grade, when he/she successfully passes the exam in the rejected part.

5. SUGGESTED BIBLIOGRAPHY

- 1. Αχιλλέας Υφαντίδης (2020). Πάσα στην ψυχή.Εκδόσεις Τσιπτσές Νικ. Ηλίας
- 2.Σωτηρόπουλος Α/Μπεκρής Ε.(2007) Προπονησιολογία ποδοσφαίρου.Εκδόσεις Τέλεθρον. ISBN: 978-960-8410-48-0
- 3. . Κόλιας Γιάννης (2005).Το ποδόσφαιρο δεν αρκεί μόνο το ταλέντο. ΕΚΔΟΣΕΙΣ ΕΛΛΗΝΙΚΑ ΓΡΑΜΜΑΤΑ. ISBN :960-442-056-9.
- .4.Χρήστος Δ.Ε. Μουρίκης (2019) Τα ποδοσφαιρικά παιχνίδια μικρού, μεσαίου και μεγάλου αριθμού παικτών με περιορισμούς Εκδόσεις Χρ.Ιωάννου-Αιμ.Γολέμης ΟΕ

ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

| Teacher (full name): | ISPIRLIDIS IOANNIS |
|----------------------------------|--|
| Contact details: | Email: iispyrli@phyed.duth.gr |
| Supervisors: (1) | YES |
| Evaluation methods: | Homework (35%). Distance written exam (65%) |
| Implementation Instructions: (3) | Homework should be submitted via eclass by a specified date. |