

COURSE OUTLINE APPLIED SPECIALTY TEACHING

1. GENERAL

SCHOOL	PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY		
DEPARTMENT	PHYSICAL EDUCATION AND SPORT SCIENCE		
LEVEL OF STUDIES	ISCED level 6 – Bachelor's or equivalent level		
COURSE CODE	C645	SEMESTER	7o _ 8o
COURSE TITLE	APPLIED SPECIALTY TEACHING		
TEACHING ACTIVITIES <i>If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.</i>		TEACHING HOURS PER WEEK	ECTS CREDITS
		3	6
<i>Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.</i>			
COURSE TYPE <i>Background, General Knowledge, Scientific Area, Skill Development</i>	Background		
PREREQUISITES:	No		
TEACHING & EXAMINATION LANGUAGE:	GREEK - ENGLISH		
COURSE OFFERED TO ERASMUS STUDENTS:	YES		
COURSE URL:	https://eclass.duth.gr/courses/KOM02443/		

2. LEARNING OUTCOMES

Learning Outcomes

Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.

After successfully completing the course, participants will be able to:

- *know and perform the basic skills of volleyball technique as coaches.*
- *know how to construct drills in Volleyball.*
- *acquire the ability to implement technical and tactical programs.*
- *Be knowledgeable in the application and evaluation of tests.*

General Skills

Name the desirable general skills upon successful completion of the module

*Search, analysis and synthesis of data and information,
ICT Use*

Adaptation to new situations

Decision making

Autonomous work

Teamwork

Working in an international environment

Working in an interdisciplinary environment

Production of new research ideas

Project design and management

Equity and Inclusion

Respect for the natural environment

Sustainability

Demonstration of social, professional and moral responsibility

and sensitivity to gender issues

Critical thinking

Promoting free, creative and inductive reasoning

- *Search, analysis and synthesis of data and information, using the necessary technologies*
- *Generation and organization of new research ideas*
- *Planning, management and teaching skills*

- Promotion of free, creative and deductive thinking

3. COURSE CONTENT

1. Basic skills of the coach (theory and practice)
2. Sections - parts of training / content (theory and practice)
3. Selection and construction of exercises (theory and practice).
4. Training and design of exercises (theory and practice).
5. Embedding and consolidation of skills (theory and practice).
6. Physical preparation programs (individual - team / training periods).
7. Tests of technical skills (theory and practice).
8. Offensive and defensive systems (theory and practice).
9. Player - team evaluation in 4:2 and 5:1 system.
10. Organisation and participation in competitions - leagues (pupils - students).
11. Video observation - recording - data analysis.
12. Evaluation - presentation of research data.
13. Preparation and presentation of papers (conferences - workshops).

4. LEARNING & TEACHING METHODS - EVALUATION

TEACHING METHOD <i>Face to face, Distance learning, etc.</i>	Face to face	
USE OF INFORMATION & COMMUNICATIONS TECHNOLOGY (ICT) <i>Use of ICT in Teaching, in Laboratory Education, in Communication with students</i>	Use of ICT in teaching and communication with students - digital slides - videos - MsTeams/ e-class, webmail	
TEACHING ORGANIZATION <i>The ways and methods of teaching are described in detail.</i> <i>Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.</i> <i>The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.</i>	Activity	Workload/semester
	Lectures	39
	Work	50
	Study and analysis of the literature	58
	Exams	3
	Total	150
STUDENT EVALUATION <i>Description of the evaluation process</i> <i>Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic interpretation, Other/Others</i> <i>Please indicate all relevant information about the course assessment and how students are</i>	Formative Evaluation Practical examination 40% Individual Homework 20% Written examination 40%	

5. SUGGESTED BIBLIOGRAPHY

1. CzimekVolker Επιμέλεια: Γιαννακόπουλος Ανέστης (2022). Προπόνηση Πετοσφαίρισης για αρχάριους/Από το μίνι βόλεϊ στην Πετοσφαίριση, Εκδόσεις Sportbook, Τσιπτσές Ηλίας. ISBN 112701633
2. C. REYNAUD, M. HEBERT Επιμέλεια: Γιαννακόπουλος Ανέστης (2024). ΠΕΤΟΣΦΑΙΡΙΣΗ-ΤΕΧΝΙΚΗ, ΤΑΚΤΙΚΗ ΚΑΙ ΠΡΟΠΟΝΗΤΙΚΗ, ΕΚΔΟΣΕΙΣ ΚΩΝΣΤΑΝΤΑΡΑΣ ISBN 133036240
3. Marco Paolini Μετάφραση Αιμίλιος Γολέμης (2015). ΕΤΗΣΙΟΣ ΠΡΟΓΡΑΜΜΑΤΙΣΜΟΣ ΠΡΟΠΟΝΗΣΗΣ ΒΟΛΕΪ ΣΤΙΣ ΗΛΙΚΙΕΣ ΚΑΤΩ ΤΩΝ 14, Εκδόσεις ΧΡ.ΙΩΑΝΝΟΥ- ΑΙΜ.ΓΟΛΕΜΗΣ Ο.Ε., ISBN 50658782.
4. Jim Iams (1995). Ανταγωνιστικές ασκήσεις, Εκδόσεις ΧΡ.ΙΩΑΝΝΟΥ- ΑΙΜ.ΓΟΛΕΜΗΣ Ο.Ε., ISBN 1315

ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

Teacher (full name):	Anestis Giannakopoulos
Contact details:	agianna@phyed.duth.gr
Supervisors: (1)	YES
Evaluation methods: (2)	Homework (35%). Written remote examination (65%)
Implementation Instructions: (3)	Homework must be submitted via eclass on a specified date.