COURSE OUTLINE APPLIED TEACHING OF SPECIALIZATION

1. GENERAL

SCHOOL	PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY		
DEPARTMENT	PHYSICAL EDUCATION AND SPORT SCIENCE		
LEVEL OF STUDIES	ISCED level 6 – Bachelor's or equivalent level		
COURSE CODE	C635	**SEMESTER**	7th or 8th
COURSE TITLE	APPLIED TEACHING OF SPECIALIZATION		

TEACHING ACTIVITIES *If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.*	**TEACHING HOURS PER WEEK**	**ECTS CREDITS**
	3	6

COURSE TYPE *Background, General Knowledge, Scientific Area, Skill Development*	SCIENTIFIC AREA, SKILL DEVELOPMENT SPECIALIZATION
PREREQUISITES:	YES - ACQUISITION OF THE TECHNIQUE OF RUNNING, JUMPING, AND THROWING
TEACHING & EXAMINATION LANGUAGE:	GREEK
COURSE OFFERED TO ERASMUS STUDENTS:	NO
COURSE URL:	https://eclass.duth.gr/courses/212/

2. LEARNING OUTCOMES

Learning Outcomes

Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.

After successfully completing the course, participants will be able to:

- *Design and implement methodical teaching programs to improve the technique in running, jumping, and throwing events in track and field athletics.*
- *Organize and implement training programs to enhance the physical abilities required for track and field events.*
- *Know how to organize track and field competitions in and outside the stadium.*

General Skills

Name the desirable general skills upon successful completion of the module

Search, analysis and synthesis of data and information,
ICT Use
Adaptation to new situations
Decision making
Autonomous work
Teamwork
Working in an international environment
Working in an interdisciplinary environment
Production of new research ideas
Project design and management
Equity and Inclusion
Respect for the natural environment
Sustainability
Demonstration of social, professional and moral responsibility and sensitivity to gender issues
Critical thinking
Promoting free, creative and inductive reasoning

- *Autonomous work*
- *Teamwork*

- *Research, analysis, and synthesis of data and information, using the necessary technologies*
- *Promotion of free, creative, and inductive thinking*
- *Adaptation to new situations and decision-making*
- *Demonstration of social, professional, and ethical responsibility*
- *Exercising critical and self-critical thinking*
- *Respect for diversity and multiculturalism*

3. COURSE CONTENT

1. *Framework of the course - Instructions for the implementation and organization of classes and events.*
2. *Teaching throwing events to first-year students.*
3. *Teaching jumping events to first-year students.*
4. *Teaching running events to first-year students.*
5. *Organization of Cross Country Race I.*
6. *Organization of Cross Country Race II.*
7. *Participation in the organization of track and field events for primary school students or Kids' Athletics events.*
8. *Organization of the internal Classic Athletics Championship I.*
9. *Organization of the internal Classic Athletics Championship II.*
10. *Teaching throwing events to first-year students.*
11. *Teaching jumping events to first-year students.*
12. *Teaching running events to first-year students.*
13. *Review of the implementation of teaching programs and the organization of competitive activities.*

4. LEARNING & TEACHING METHODS - EVALUATION

TEACHING METHOD *Face to face, Distance learning, etc.*	Theoretical teaching and practical application in person (remote only under special circumstances)
USE OF INFORMATION & COMMUNICATIONS TECHNOLOGY (ICT) *Use of ICT in Teaching, in Laboratory Education, in Communication with students*	Use of ICT in Teaching and Communication with Students Digital presentations Videos MsTeams / e-class, webmail
TEACHING ORGANIZATION *The ways and methods of teaching are described in detail.* *Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.* *The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.*	
STUDENT EVALUATION *Description of the evaluation process* *Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development*	1. Participation in the organization of competitions: 40% 2 .Methodical teaching of events: 40%

Activity	Workload/semester
Lectures	10
Organization of competitions/activities	50
Supporting teaching	60
Study and analysis of literature	20
Preparing of essay	10
Total Course	150

Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic interpretation, Other/Others *Please indicate all relevant information about the course assessment and how students are informed*	3. Written assignment/report: 20% Language: Greek Multiple Choice Test, Development Questions, Written Essay Explicitly defined evaluation criteria are accessible on e-class.

5. SUGGESTED BIBLIOGRAPHY

1. *Veligekas P., Bogdanis G., Paradeisis G. (2020). Design and Programming of Athletic Training. BROKEN HILL PUBLISHERS LTD. ISBN 978-992-557-573-2.*
2. *Muller F., Schulte J., Siegel M. (2024). Track and Field in the Early Stages of Adolescence. KONSTANTARAS PUBLISHERS. ISBN 978-960-608-146-0.*
3. *Apostolopoulos A., Varitimidis Ch., Kaloudis M., Katsikas Ch., Kellis S., Kontonassios I., Manou V., Matakis S., Barkoukis V., Chalvatzaras D., Chatzivasileiou Ch. (2020). Coaching and Competitive Activities in Track and Field for the K12, K10, K8 Categories Using Kids' Athletics. SPORTBOOK PUBLISHERS. ISBN 978-618-5316-70-9.*
4. *Katzenbogner H. (2008). Track and Field for Children. OLYMPUS PUBLISHERS. ISBN 960-823-732-2.*

ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

Teacher (full name):	Fani Berberidou (Specialized Staff)
Contact details:	fbermper@phyed.duth
Supervisors:	YES
Evaluation methods:	Written exam with online methods (50%). Essay (50%)
Implementation Instructions:	The exam for the course will take place on e-class, where an 'Exercise' with questions will be scheduled on the day of the exam, according to the exam schedule announced by the Secretariat. Students will be simultaneously connected to the Teams platform. The link will be sent exclusively to the institutional email accounts of the students who have registered for the exam and have acknowledged the terms of the remote examination. Students must join the exam room via their institutional email account, with the camera on during the exam. Before the exam begins, they must show their ID to the camera for identification purposes. Each student must answer multiple-choice questions and/or open-ended text development questions. Each question is graded from 0.5 to 2.0 points, depending on the type of question The essay must be submitted via e-class by the specified date.