

COURSE OUTLINE COMBINATION, PRESS DEFENSES AND OFFENSES. TEAM ORGANIZATION AND COACHING

1. GENERAL

SCHOOL	PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY		
DEPARTMENT	PHYSICAL EDUCATION AND SPORT SCIENCE		
LEVEL OF STUDIES	ISCED level 6 – Bachelor's or equivalent level		
COURSE CODE	C624	SEMESTER	6 th
COURSE TITLE	COMBINATION, PRESS DEFENSES AND OFFENSES. TEAM ORGANIZATION AND COACHING.		
TEACHING ACTIVITIES <i>If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.</i>		TEACHING HOURS PER WEEK	ECTS CREDITS
		3	6
<i>Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.</i>			
COURSE TYPE <i>Background, General Knowledge, Scientific Area, Skill Development</i>	Specialization		
PREREQUISITES:	Yes		
TEACHING & EXAMINATION LANGUAGE:	Greek English (Erasmus students)		
COURSE OFFERED TO ERASMUS STUDENTS:	Yes		
COURSE URL:	https://eclass.duth.gr/courses/KOM02340/		

2. LEARNING OUTCOMES

Learning Outcomes <i>Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.</i>	
<p>Upon the completion of this course the student will be able to:</p> <ul style="list-style-type: none"> • <i>Know and understand the basic principles of team tactic from the taught material, the official Basketball Rules and team organisation and coaching.</i> • <i>Execute in satisfactory level the team tactic from the taught material</i> • <i>Determine and produce the basic principles of didactics of team tactic.</i> 	
General Skills <i>Name the desirable general skills upon successful completion of the module</i>	
<i>Search, analysis and synthesis of data and information, ICT Use Adaptation to new situations Decision making Autonomous work Teamwork Working in an international environment Working in an interdisciplinary environment Production of new research ideas</i>	<i>Project design and management Equity and Inclusion Respect for the natural environment Sustainability Demonstration of social, professional and moral responsibility and sensitivity to gender issues Critical thinking Promoting free, creative and inductive reasoning</i>
<ul style="list-style-type: none"> • <i>Basic principles of the coaching process</i> • <i>Learning the basic principles of the team basketball tactic.</i> 	

- *Teaching methods (analysis-synthesis) for the simple and combined movements of the above abilities in relation to age*
Theory and practice of a large number of exercises, concerning the above abilities

3. COURSE CONTENT

1. *Combination defenses (box and one, triangle and two)*
2. *Offenses against combination defenses*
3. *Half and full court man to man press defenses*
4. *Attaching half and full court man to man press defenses*
5. *Half and full court zone press defenses*
6. *Attaching half and full court zone press defenses*
7. *Half and full court match up press defenses*
8. *Attaching half and full court match up press defenses*
9. *Special situations. Last shot opportunity, jumpball, out of bounds plays*
10. *Team management, team organization, team strategy*
11. *Coaching philosophy, methods of organizing practices, preparing the game and scouting, statistics*
12. *Official Basketball Rules, referees' manual. Greek Basketball Federation Rules, Championship and tournament Grid*
13. *Special topics: Players psychological preparation, players' nutrition. Coach's leadership and management of human potential (relations with players – parents – managers – referees), coach's professional behavior – morality.*

4. LEARNING & TEACHING METHODS - EVALUATION

TEACHING METHOD <i>Face to face, Distance learning, etc.</i>	<ul style="list-style-type: none"> • Teaching and theoretical approach of the topic • Teaching methodology of the basics (demonstration, methodology - teaching simple and combined movements in basketball). Practice. • Video sessions • Distance learning 	
USE OF INFORMATION & COMMUNICATIONS TECHNOLOGY (ICT) <i>Use of ICT in Teaching, in Laboratory Education, in Communication with students</i>	Use of ICT in Teaching	
TEACHING ORGANIZATION <i>The ways and methods of teaching are described in detail.</i> <i>Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.</i> <i>The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS</i>	Activity	Workload/semester
	Lectures, demonstration and annotation of digital material, study	39
	Practical exercises, study and preparation exercises	50
	Lectures, study, team practice	11

standards.	Lectures, development of one team work, study	50
	Total	150
STUDENT EVALUATION Description of the evaluation process Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic interpretation, Other/Others Please indicate all relevant information about the course assessment and how students are informed	Intermediate tests of cognitive assessment, in practical teachings and participation in the court (30%) Written assignments (20%) Final written examination (50%)	

5. SUGGESTED BIBLIOGRAPHY

1. Vamvakoudis, E. Mentelidis, N., Tsitskaris, G., Xatziathanasiou, P. (1996). *Basketball. Team tactic*. Salto Publications, Thessaloniki
2. Cousy, B., & Power, F. (1970). *Basketbal Concepts and Techniques*. Allyn and Bacon, N.J.
3. Kellis S. (1999). *Young Basketball players physical conditioning*. Salto Publications, Thessaloniki
4. Kostopoulos N., Marmarinos C. (2020). *Basketball team offense*. Broken Hill Publishers Ltd. Nicosia.
5. Messina E., Karypidis A. – Mauridis G. (2007). *Basketball today*. Telehrion Publications, Athens
6. *Greek basketball coaches association* Available: <http://www.sepk.gr/>
7. Tsamourtzis, E. (2005). *Basketball Rules, Greek Basketball Federation Rules, Championship and tournament Grid*. Board of Trustees for the Evaluation and Management of the Property of the Democritus University of Thrace. Xanthi
8. Tsamourtzis, E. (2007). *Basketball tactics drills*. Board of Trustees for the Evaluation and Management of the Property of the Democritus University of Thrace. Xanthi
9. Tsamourtzis E., (2010). *Movements and drills of partial tactic in Basketball*. Telehrion Publications, Athens
10. Tsamourtzis, E. (2020). *Basketball coaching topics*. D.U.T.H. Publications Department. Xanthi
11. Tsamourtzis, E. (2020). *Basketball technique drills*. D.U.T.H. Publications Department. Xanthi
12. Tsamourtzis, E. (2020). *Basketball Playbook*. D.U.T.H. Publications Department. Xanthi
13. Tsitskaris G., Lefas A., Galazoulas C., Karamousalidis G., Thomaidis A., Dimitriou N., "Basketball. Technical skills in teaching developmental ages". Salto publications, Thessaloniki 2010.
14. Tsitskaris G., Lefas A., Galazoulas C., Karamousalidis G., Thomaidis A., Dimitriou N., "Offense-Defense". Salto publications, Thessaloniki 2010.
15. Tsitskaris G., Lefas A., Galazoulas C., "Rules, Conducting Games". Salto publications, Thessaloniki 2010.
16. Wooden, J. (1966). *Basketball Methods*. The Ronald Press Company. USA
17. Wooden, J. (1966). *Practical Modern Basketball*. The Ronald Press Company. USA

ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

Teacher (full name):	Neoklis Lemonidis, Teaching and lab support staff (T.L.S.S.)
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Contact details:	nlemonid@phyed.duth.gr
Supervisors: (1)	NO
Evaluation methods: (2)	Written examination with distance learning methods
Implementation Instructions: (3)	<p>The examination in the course will be carried out in subgroups of users in the e-class, depending on the number of participants in the course, on the day according to the examination program announced by the Secretariat.</p> <p>The exam will be conducted through Teams. The link will be sent to students via e-class exclusively to the institutional accounts of those who have registered for the course and have learned the terms of distance methods.</p> <p>Students will have to log in to the examination room through their institutional account, otherwise they will not be able to participate. They will also take part in the examination with a camera, which they will have open during the examination. Before the start of the exam, students will show their identity to the camera, so that they can be identified.</p> <p>Each student should answer 20 multiple-choice questions, free text development, critical thinking. Each of the questions is graded 0.5. The questions will be different for the students, selected by e-class with a random selection from a question bank that has been created. The examination time will be 25 minutes.</p>