

COURSE OUTLINE TEAM OFFENSIVE AND DEFENSIVE TACTICS IN BASKETBALL

1. GENERAL

SCHOOL	PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY		
DEPARTMENT	PHYSICAL EDUCATION AND SPORT SCIENCE		
LEVEL OF STUDIES	ISCED level 6 – Bachelor's or equivalent level		
COURSE CODE	C623	SEMESTER	6 th
COURSE TITLE	TEAM OFFENSIVE AND DEFENSIVE TACTICS IN BASKETBALL.		
TEACHING ACTIVITIES <i>If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.</i>		TEACHING HOURS PER WEEK	ECTS CREDITS
		3	6
<i>Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.</i>			
COURSE TYPE <i>Background, General Knowledge, Scientific Area, Skill Development</i>	Specialization		
PREREQUISITES:	Yes		
TEACHING & EXAMINATION LANGUAGE:	Greek English (Erasmus students)		
COURSE OFFERED TO ERASMUS STUDENTS:	Yes		
COURSE URL:	https://eclass.duth.gr/courses/KOM02453/		

2. LEARNING OUTCOMES

Learning Outcomes <i>Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.</i>
<p>Upon the completion of this course, students will be able to:</p> <ul style="list-style-type: none"> • <i>Know and understand the basic principles of the team tactics</i> • <i>Practise at a satisfactory level the group tactics</i> • <i>Identify and produce the basic teaching principles of teams tactics</i> • <i>Plan tactical training plans</i> • <i>The aim of the course is to teach the team defensive and offensive tactics for the fast break, man-to-man defense, the zone defense plus the matchup defense in Basketball. The goal of the course is to bring to the students a full coverage of the technical and tactical aspects of the topics presented, to prepare them for the methodology and the coaching needed by this competitive form of the game with special focus on the teaching methodology and the development of independent and critical coaching thought.</i>
General Skills <i>Name the desirable general skills upon successful completion of the module</i>
<div> <div> <i>Search, analysis and synthesis of data and information,</i> <i>ICT Use</i> <i>Adaptation to new situations</i> </div> <div> <i>Project design and management</i> <i>Equity and Inclusion</i> <i>Respect for the natural environment</i> </div> </div>

<i>Decision making</i> <i>Autonomous work</i> <i>Teamwork</i> <i>Working in an international environment</i> <i>Working in an interdisciplinary environment</i> <i>Production of new research ideas</i>	<i>Sustainability</i> <i>Demonstration of social, professional and moral responsibility and sensitivity to gender issues</i> <i>Critical thinking</i> <i>Promoting free, creative and inductive reasoning</i>
<ul style="list-style-type: none"> • <i>Search, analysis and synthesis of data and information, ICT Use</i> • <i>Adaptation to new situations</i> • <i>Decision making</i> • <i>Autonomous work</i> • <i>Teamwork</i> • <i>Working in an interdisciplinary environment</i> • <i>Project design and management</i> • <i>Equity and Inclusion</i> • <i>Demonstration of social, professional and moral responsibility and sensitivity to gender issues</i> • <i>Critical thinking</i> • <i>Promoting free, creative and inductive reasoning</i> 	

3. COURSE CONTENT

1. *Fast break – basic disciplines, advantages, kind of and the development. Fast break situations 2-1, 3-2, 4-3 and 5-4. Offensive and defensive tactics.*
2. *Secondary break, early offense, fast break after free throw. Transition – presentation of the reflection of the fast break.*
3. *Spacing*
4. *Dribble drive offense.*
5. *Offense against man-to-man defense. Planning offensive moves. Presentation of well-known offensive moves and practice of a continuous move. Flex, Shuffle, UCLA, Triangle offense.*
6. *Motion offense – basic disciplines and presentation.*
7. *Pick n' roll offense and Defensive options*
8. *Team defense man to man. Philosophy of the defense, basic rules and different aspects for the man-to-man defense – variations of man-to-man defense. Screen defense, team defense for the low post. Methodology of man-to-man defense teaching.*
9. *Introduction to zone defense – advantages, disadvantages, energetic and passive zones, presentation of 2-1-2 zone.*
10. *Presentation of 1-2-2 and 1-3-1 zones and their variations. Methodology of teaching.*
11. *Presentation of AMOEBA zone*
12. *Offense against zone – philosophy. Basic rules and demonstration of a system applied to all zones. Presentation of offensive systems used against different types of zones.*
13. *Matchup defense. Which is its goal and advantages. Matchup defense, change from zone to another zone. Matchup defense – change from zone to man-to-man and from man-to-man to zone. Introduction to offense against*

matchup defense – basic disciplines and offensive examples.

4. LEARNING & TEACHING METHODS - EVALUATION

TEACHING METHOD <i>Face to face, Distance learning, etc.</i>	Face to face Lectures, practical applications, multimedia presentations, as well as distance learning	
USE OF INFORMATION & COMMUNICATIONS TECHNOLOGY (ICT) <i>Use of ICT in Teaching, in Laboratory Education, in Communication with students</i>	Use of ICT in Teaching	
TEACHING ORGANIZATION <i>The ways and methods of teaching are described in detail. Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.</i> <i>The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.</i>	Activity	Workload/semester
	Lectures, demonstration and annotation of digital material, study	39
	Practical exercises, study and preparation exercises	50
	Lectures, study, team practice	11
	Lectures, development of one team work, study	50
	Total	150
STUDENT EVALUATION <i>Description of the evaluation process</i> <i>Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic interpretation, Other/Others</i> <i>Please indicate all relevant information about the course assessment and how students are informed</i>	Intermediate tests of cognitive assessment, in practical teachings and participation in the court (30%) Written assignments (20%) Final written examination (50%)	

5. SUGGESTED BIBLIOGRAPHY

1. Messina E., Karypidis A. – Mauridis G. (2007). *Basketball today*. Telehion Publications, Athens
2. Greek basketball coaches association Available: <http://www.sepk.gr/>
3. Tsamourtzis E., (2010). *Movements and drills of partial tactic in Basketball*. Telehion Publications, Athens
4. Tsamourtzis, E. (2007). *Basketball tactics drills*. Board of Trustees for the Evaluation and Management of the Property of the Democritus University of Thrace. Xanthi
5. Tsitskaris G., Lefas A., Galazoulas C., Karamousalidis G., Thomaidis A., Dimitriou N. (2010) *Basketball the teaching of tactic in developmental ages*. Salto Publications, Thessaloniki
6. Tsitskaris G., Lefas A., Galazoulas C., Karamousalidis G., Thomaidis A., Dimitriou N., "Offense-Defense". Salto publications, Thessaloniki 2010.

ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

Teacher (full name):	Neoklis Lemonidis, Teaching and lab support staff (T.L.S.S.)
Contact details:	nlemonid@phyed.duth.gr
Supervisors: (1)	NO
Evaluation methods: (2)	Written examination with distance learning methods
Implementation Instructions: (3)	<p>The examination in the course will be carried out in subgroups of users in the e-class, depending on the number of participants in the course, on the day according to the examination program announced by the Secretariat.</p> <p>The exam will be conducted through Teams. The link will be sent to students via e-class exclusively to the institutional accounts of those who have registered for the course and have learned the terms of distance methods.</p> <p>Students will have to log in to the examination room through their institutional account, otherwise they will not be able to participate. They will also take part in the examination with a camera, which they will have open during the examination. Before the start of the exam, students will show their identity to the camera, so that they can be identified.</p> <p>Each student should answer 20 multiple-choice questions, free text development, critical thinking. Each of the questions is graded 0.5. The questions will be different for the students, selected by e-class with a random selection from a question bank that has been created. The examination time will be 25 minutes.</p>