

COURSE OUTLINE ACQUISITION OF TEACHING SKILLS – IMPROVING INDIVIDUAL PERFORMANCE ABILITY

1. GENERAL

SCHOOL	PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY		
DEPARTMENT	PHYSICAL EDUCATION AND SPORT SCIENCE		
LEVEL OF STUDIES	ISCED level 6 – Bachelor's or equivalent level		
COURSE CODE	C608	SEMESTER	6 th
COURSE TITLE	ACQUISITION OF TEACHING SKILLS - IMPROVEMENT OF INDIVIDUAL PERFORMANCE ABILITY		
TEACHING ACTIVITIES <i>If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.</i>		TEACHING HOURS PER WEEK	ECTS CREDITS
		3	6
<i>Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.</i>			
COURSE TYPE <i>Background, General Knowledge, Scientific Area, Skill Development</i>	SKILL DEVELOPMENT SCIENTIFIC AREA		
PREREQUISITES:	YES		
TEACHING & EXAMINATION LANGUAGE:	GREEK		
COURSE OFFERED TO ERASMUS STUDENTS:	NO		
COURSE URL:	https://eclass.duth.gr/courses/KOM02470/		

2. LEARNING OUTCOMES

Learning Outcomes <i>Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.</i>	
<p>After successful completion of the course, participants will be able to:</p> <ul style="list-style-type: none"> • They have acquired teaching ability at individual and group level. They have Improved individual performance (in terms of technical training). • They have acquired theoretical knowledge. • They have the ability to organize tennis lessons/training at an individual/team level. 	
General Skills <i>Name the desirable general skills upon successful completion of the module</i>	
<i>Search, analysis and synthesis of data and information, ICT Use Adaptation to new situations Decision making Autonomous work Teamwork Working in an international environment Working in an interdisciplinary environment Production of new research ideas</i>	<i>Project design and management Equity and Inclusion Respect for the natural environment Sustainability Demonstration of social, professional and moral responsibility and sensitivity to gender issues Critical thinking Promoting free, creative and inductive reasoning</i>
<ul style="list-style-type: none"> • Team work • Autonomous work • Project design and management 	

- *Working in and international environment*
- *Perform the basic strokes (FH, BH, VOLLEY, SERVICE, SMASH).*
- *To acquire the ability to teach at the initial, intermediate and competitive level.*
- *To create competitive experiences from participating in tournaments.*
- *To acquire skills of organizing tennis tournaments.*

3. COURSE CONTENT

- 1. Introduction to the course of the main specialty of tennis, setting the objectives of the course (acquisition of teaching ability, improvement of individual performance), evaluation of their technical training, and definition of individual and collective goals.*
- 2. The role of the tennis coach (teacher, coach, sparring partner). Fundamental principles of a good tennis teacher/coach. Practice: Acquisition of teaching ability (DRILLS / EXERCISES), at an early stage.*
- 3. Theory: Ball control - Creating control of the ball with various exercises. Practice: Practicing special strokes (Slice/Spin on basic strokes, FOREHAND, BACKHAND)*
- 4. FEEDING (create control of the ball with various exercises). Practice: Acquisition of teaching ability (DRILLS / EXERCISES), at a middle level*
- 5. Class organization how could we organize (our group) for the best and most effective teaching, (special situations), system (ROTATION). Practice: Single and double game (mid-level tactics).*
- 6. Teaching progressions- How to introduce the basic and special strokes to an immediate level. Practice: Single and double games (tactical at competitive level)*
- 7. Error diagnosis and corrective exercises to improve the technique, Practice: Manual feeding to improve technique and correct mistakes.*
- 8. Strategy and tactics of play (single) at a competitive level (how we play in zones A, B, C). Practice: Tactical exercises in the A, B and C zones.*
- 9. Tennis tournaments (beginner stage, advanced athletes, regional, National level, international). Formal and unofficial national and international tournaments. Practice: Organizing an internal club tournament for familiarization and troubleshooting.*
- 10. Equipment's for the organization of the course, training (rackets, balls, net, necessary tools (targets), etc. Practice: Use of equipment's to improve the course and training.*
- 11. Video analysis (analysis of tactics using video). Practice: Practice basic tactics of hitting situations (how to play from the baseline / and how to play in the net.*
- 12. Organization of a Tennis lesson / training at different ages (basic characteristics of each age juniors, veterans, beginners, middle level, competitive level). Practice: Combining different ages and levels in the same group with different motor skills.*

13. *Evaluation of educational project (achievement of objectives that had been set from the beginning of the semester), clarifications about the context of the exams, repetition of special cases that need clarifications. Practice: Single and double game.*

4. LEARNING & TEACHING METHODS - EVALUATION

TEACHING METHOD <i>Face to face, Distance learning, etc.</i>	Face to face Distance learning	
USE OF INFORMATION & COMMUNICATIONS TECHNOLOGY (ICT) <i>Use of ICT in Teaching, in Laboratory Education, in Communication with students</i>	Use of ITC in laboratory education, in communication with students	
TEACHING ORGANIZATION <i>The ways and methods of teaching are described in detail.</i> <i>Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.</i> <i>The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.</i>	Activity	Workload/semester
	Lectures	39
	Practical exercises - practice	75
	Study and individual works	15
	Analysis and commentary of digital material	21
	Course total	150
STUDENT EVALUATION <i>Description of the evaluation process</i> <i>Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic interpretation, Other/Others</i> <i>Please indicate all relevant information about the course assessment and how students are informed</i>	<ul style="list-style-type: none"> • Final written examination (40%) • Practical examination in basic strokes in tennis (50%) • Written assignments (10%) 	

5. SUGGESTED BIBLIOGRAPHY

1. *THE ROLE OF THE TENNIS COACH AND WHEELCHAIR TENNIS* ATHANAILIDIS IOANNIS, LIMNIOUDIS IOANNIS KYRIAKIDIS PUBLICATIONS, ISBN 960-8183-46-4.
2. *PERFECT TENNIS*, PETER SCHOLL, SALTO PUBLICATIONS, ISBN:9789602781661.
3. *3. TENNIS*, BROWN, J., SOULIER, C., TRANSLATION: THEODOSIOU, A., NATSIS, P., KYRIAKIDIS BROS. ISBN:9789606022623.

ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

Teacher (full name):	ATHANAILIDIS IOANNIS
Contact details:	iathanai@phyed.duth.gr
Supervisors: (1)	no
Evaluation methods: (2)	Written or oral examination with distance learning methods
Implementation Instructions: (3)	<p>The exam in the course will be held in subgroups of users in the e-class, depending on the number of participants in the course, on the day of the exam in accordance with the exam schedule announced by the Secretariat.</p> <p>The exam will be held via Teams. The link will be sent to students via e-class exclusively to the institutional accounts of those who have registered for the course and have read the distance learning terms. Students must log in to the exam room through their institutional account, otherwise they will not be able to participate. They will also participate in the exam with a camera that they will have open during the exam. Before the start of the exam, students will show their identity to the camera, so that they can be identified.</p> <p>Each student will have to answer multiple choice questions, free text development, and critical commentary. Each of the questions is scored from 0.5 to 2.0 points depending on the question category.</p>