

## COURSE OUTLINE ACQUISITION OF BASIC AND SPECIAL SKILLS – SPECIAL STROKES

### 1. GENERAL

<b>SCHOOL</b>	PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY		
<b>DEPARTMENT</b>	PHYSICAL EDUCATION AND SPORT SCIENCE		
<b>LEVEL OF STUDIES</b>	ISCED level 6 – Bachelor's or equivalent level		
<b>COURSE CODE</b>	C607	<b>SEMESTER</b>	5 <sup>th</sup>
<b>COURSE TITLE</b>	ACQUISITION OF SPECIAL SKILLS – SPECIAL STROKES		
<b>TEACHING ACTIVITIES</b> <i>If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.</i>		<b>TEACHING HOURS PER WEEK</b>	<b>ECTS CREDITS</b>
		3	6
<i>Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.</i>			
<b>COURSE TYPE</b> <i>Background, General Knowledge, Scientific Area, Skill Development</i>	SKILL DEVELOPMENT		
<b>PREREQUISITES:</b>	NO		
<b>TEACHING &amp; EXAMINATION LANGUAGE:</b>	GREEK		
<b>COURSE OFFERED TO ERASMUS STUDENTS:</b>	NO		
<b>COURSE URL:</b>	<a href="https://eclass.duth.gr/courses/KOM02469/">https://eclass.duth.gr/courses/KOM02469/</a>		

### 2. LEARNING OUTCOMES

<b>Learning Outcomes</b> <i>Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.</i>	
<p>After successful completion of the course, participants will be able to:</p> <ul style="list-style-type: none"> <li>• They know the technique of skills in the special strokes (Slice, Spin Forehand, Backhand, Volley, Service and Smash)</li> <li>• They know how to organize a tennis lesson at an individual and group level</li> </ul>	
<b>General Skills</b> <i>Name the desirable general skills upon successful completion of the module</i>	
<i>Search, analysis and synthesis of data and information, ICT Use Adaptation to new situations Decision making Autonomous work Teamwork Working in an international environment Working in an interdisciplinary environment Production of new research ideas</i>	<i>Project design and management Equity and Inclusion Respect for the natural environment Sustainability Demonstration of social, professional and moral responsibility and sensitivity to gender issues Critical thinking Promoting free, creative and inductive reasoning</i>
<ul style="list-style-type: none"> <li>•Autonomous work</li> <li>•Teamwork</li> <li>•Working in an interdisciplinary environment</li> <li>•Demonstrating of social, professional and moral responsibility and sensitivity to gender issues</li> <li>•Searching, analyzing and synthesizing data and information, using the necessary technologies</li> <li>•Adaptation to new situations</li> </ul>	

- Decision making
- Project design and management

### 3. COURSE CONTENT

1. Introduction to the course of the main tennis specialty, setting the objectives of the course (acquisition of technical training of special strokes), evaluation of their technical training, and setting individual and collective goals.
2. The role of the tennis coach (teacher, coach, sparing partner).Practice: Practicing of special strokes (SLICE /SPIN ON BASIC STROKES)
3. Ball control (gaining control of the ball with various exercises. Practice: Practicing special strokes (SLICE /SPIN ON BASIC STROKES FH, BH)
4. Grips of special strokes. Practice: Practicing special strokes (SLICE /SPIN ON BASIC STROKES FH, BH)
5. Class organization (how we organize our group for the best and most effective teaching. Practice: Practicing special strokes (SLICE /SPIN ON BASIC STROKES volley FH, BH)
6. Teaching progressions- how we introduce/teach/train the special strokes to beginners. Practice: Practicing special strokes (SLICE /SPIN ON BASIC STROKES volley FH, BH)
7. Error diagnosis and corrective exercises to improve the technique. Practice: Practicing special strokes (SLICE /SPIN ON BASIC STROKES FH, BH)
8. Strategy and tactics of the game (single-double) at an early stage. Practice: Practicing special strokes (SLICE /SPIN ON BASIC STROKES FH, BH, service line)
9. Tennis tournaments: beginners and advanced athletes at regional, National, and international levels. Official and unofficial national and international tournaments. Practice: Practicing special strokes (SLICE /SPIN ON BASIC STROKES FH, BH, service Quick)
10. Tennis equipment for the organization of the course, and training (rackets, balls, net, aids (targets), etc.) Practice: Practicing special strokes (SLICE /SPIN ON BASIC STROKES FH, BH, a combination of service with FH and with BH)
11. Analysis of the technique of special strokes using video (Video Analysis) Practice: Practicing special strokes (SLICE /SPIN ON BASIC STROKES FH, BH, a combination of service with FH, BH, and volley)
12. Tennis at different ages: basic characteristics of each age (juniors, veterans, beginners, middle level, competitive level). Practice: Practicing special strokes (SLICE /SPIN ON BASIC STROKES FH, BH, a combination of service with FH, BH, and volley)
13. Educational project report: achievement of objectives set from the beginning of the semester, clarifications about the context of the exams, repetition of special cases that need clarifications Practice: Practicing special strokes (SLICE /SPIN ON BASIC STROKES FH, BH, a combination of service with FH, BH, and return)

### 4. LEARNING & TEACHING METHODS - EVALUATION

<b>TEACHING METHOD</b> Face to face, Distance learning, etc.	Face to Face and practical applications Distance learning
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<b>USE OF INFORMATION &amp; COMMUNICATIONS TECHNOLOGY (ICT)</b> <i>Use of ICT in Teaching, in Laboratory Education, in Communication with students</i>	Use of ICT in Teaching and Communication with students	
<b>TEACHING ORGANIZATION</b> <i>The ways and methods of teaching are described in detail.</i> <i>Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research &amp; analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.</i> <i>The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.</i>	<b>Activity</b>	<b>Workload/semester</b>
	Lectures	39
	Practical exercises - practice	75
	Study and individual works	15
	Analysis and commentary of digital material	21
<b>STUDENT EVALUATION</b> <i>Description of the evaluation process</i> <i>Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic interpretation, Other/Others</i> <i>Please indicate all relevant information about the course assessment and how students are informed</i>	<b>Course total</b>	<b>150</b>
	<ul style="list-style-type: none"> <li>• Final written examination (40%)</li> <li>• Practical examination in basic strokes in tennis (50%)</li> <li>• Written assignments (10%)</li> </ul>	

## 5. SUGGESTED BIBLIOGRAPHY

1. THE ROLE OF THE TENNIS COACH AND WHEELCHAIR TENNIS ATHANAILIDIS IOANNIS, LIMNIOUDIS IOANNIS KYRIAKIDIS PUBLICATIONS, ISBN 960-8183-46-4.
2. THE RIGHT TENNIS, PETER SCHOLL, SALTO PUBLISHINGS, ISBN:9789602781661
3. TENNIS COACHING, FERRAUTI, A., MAIER, P., WEBER, K., SALTO PUBLISHINGS, ISBN-13: 9789602780923

## ANNEX OF THE COURSE OUTLINE

### Alternative ways of examining a course in emergency situations

<b>Teacher (full name):</b>	ATHANAILIDIS IOANNIS
<b>Contact details:</b>	iathanai@phyed.duth.gr
<b>Supervisors: (1)</b>	NO
<b>Evaluation methods: (2)</b>	Written examination using remote methods
<b>Implementation Instructions: (3)</b>	<p>The exam in the course will be held in subgroups of users in the e-class, depending on the number of participants in the course, on the day of the exam in accordance with the exam schedule announced by the Secretariat.</p> <p>The exam will be held via Teams. The link will be sent to students via e-class exclusively to the institutional accounts of those who have registered for the</p>

	<p>course and have read the distance learning terms.</p> <p>Students must log in to the exam room through their institutional account, otherwise they will not be able to participate. They will also participate in the exam with a camera that they will have open during the exam. Before the start of the exam, students will show their identity to the camera, so that they can be identified.</p> <p>Each student will have to answer multiple choice questions, free text development, and critical commentary. Each of the questions is scored from 0.5 to 2.0 points depending on the question category.</p>
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