COURSE OUTLINE APPLIED TEACHING SPECIALITY SPORTS TOURISM AND RECREATION

1. GENERAL

SCHOOL	PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY		
DEPARTMENT	PHYSICAL EDUCATION AND SPORT SCIENCE		
LEVEL OF STUDIES	ISCED level 6 – Bachelor's or equivalent level		
COURSE CODE	C605	**SEMESTER**	7th or 8th
COURSE TITLE	APPLIED TEACHING SPECIALITY SPORTS TOURISM AND RECREATION		

TEACHING ACTIVITIES *If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.*	**TEACHING HOURS PER WEEK**	**ECTS CREDITS**
	3	6
Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.		

COURSE TYPE *Background, General Knowledge, Scientific Area, Skill Development*	SCIENTIFIC AREA SPECIALIZATION
PREREQUISITES:	YES
TEACHING & EXAMINATION LANGUAGE:	GREEK
COURSE OFFERED TO ERASMUS STUDENTS:	NO
COURSE URL:	https://eclass.duth.gr/courses/KOM02205/

2. LEARNING OUTCOMES

Learning Outcomes

Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.

The purpose of the students' internship is

- *to apply in practice what they have been taught in theory and*
- *to implement motor recreation and exercise programs for everyone*
- *to get in touch with the real labor market of sports leisure, with its problems and peculiarities*
- *to gain the first experiences that will help them in their professional reputation as physics teachers specializing in sports recreation.*

General Skills

Name the desirable general skills upon successful completion of the module

Search, analysis and synthesis of data and information, ICT Use
Adaptation to new situations
Decision making
Autonomous work
Teamwork
Working in an international environment
Working in an interdisciplinary environment
Production of new research ideas
Project design and management
Equity and Inclusion
Respect for the natural environment
Sustainability
Demonstration of social, professional and moral responsibility and sensitivity to gender issues
Critical thinking
Promoting free, creative and inductive reasoning

- *Search, analysis and synthesis of data and information, ICT Use*
- *Adaptation to new situations*

- *Decision making*
- *Autonomous work*
- *Teamwork*
- *Working in an interdisciplinary environment*
- *Project design and management*
- *Equity and Inclusion*
- *Demonstration of social, professional and moral responsibility and sensitivity to gender issues*
- *Critical thinking*
- *Promoting free, creative and inductive reasoning*

3. COURSE CONTENT

1. Organization of sports leisure programs
2. Risk management in motor recreational activities
3. Basic principles of creating a plan of activities in the mountains
4. Basic principles of creating a plan of activities on the river
5. Leisure program and game in the camps
6. Health and exercise programs in the workplace
7. Mass Sports Programs in Municipalities
8. Animation programs in Hotels
9. Outdoor activity programs in sports tourism companies
10. Organization of group games with modified regulations
11. Traditional toys and motor recreation
12. Leisure activities and water games
13. Presentation of works

4. LEARNING & TEACHING METHODS - EVALUATION

TEACHING METHOD *Face to face, Distance learning, etc.*	The teaching of the course is done with live lectures but also practical training in private and public bodies that offer sports leisure programs. Indicatively, such bodies can be hotel units that implement animation programs, outdoor activities companies, camps, companies that implement work sports programs, municipalities that run exercise programs for everyone.
USE OF INFORMATION & COMMUNICATIONS TECHNOLOGY (ICT) *Use of ICT in Teaching, in Laboratory Education, in Communication with students*	Use of ICT in Teaching
TEACHING ORGANIZATION *The ways and methods of teaching are described in detail.* *Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.* *The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.*	

Activity	***Workload/semester***
Lectures	39
Field Exercise	41
Study and individual works	40
Final report	30
Total	**150**

STUDENT EVALUATION *Description of the evaluation process* *Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report,Clinical examination of a patient,Artistic interpretation, Other/Others* *Please indicate all relevant information about the course assessment and how students are informed*	1. Participation in the course 2. Active participation in the practical part and in the educational activities that are implemented within the course 3. Elaboration of individual work 4. Final report

5. SUGGESTED BIBLIOGRAPHY

1. Structure and Operation of Municipal Sports Organizations (2008). Authinos Ioannis. Athlotypo Publications, Athens, ISBN: 978-618-80967-0-7
2. The Manual of the Personal Trainer (2008). American Sports Medicine Association (ACSM). Scientific Editing of the Greek Edition: Costa Georgios, Fatouros Ioannis, Trigonis Ioannis. Athlotypo Publications, Athens, ISBN: 978-960-7378-82-8

ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

Teacher (full name):	George Kosta
Contact details:	gkosta@phyed.duth.gr
Supervisors:	NO
Evaluation methods:	Written examination with distance learning methods
Implementation Instructions:	The examination in the course will be carried out in the e-class, depending on the number of participants in the course, on the day according to the examination program announced by the Secretariat. The exam will be conducted through Teams. The link will be sent to students via e-class exclusively to the institutional accounts of those who have registered for the course and have learned the terms of distance methods. Students will have to log in to the examination room through their institutional account, otherwise they will not be able to participate. They will also take part in the examination with a camera, which they will have open during the examination. Before the start of the exam, students will show their identity to the camera, so that they can be identified. Each student should answer multiple choice questions, free text development, critical thinking. Each of the questions is graded from 0.5 to 2.0 points depending on the question category.