# COURSE OUTLINE PRACTICUM IN ELEMENTARY & SECONDARY SCHOOL PHYSICAL EDUCATION

### 1. GENERAL

SCHOOL	PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY				
DEPARTMENT	PHYSICAL EDUCATION AND SPORT SCIENCE				
LEVEL OF STUDIES	ISCED level 6 – Bachelor's or equivalent level				
COURSE CODE	C401	SEMESTER 7 <sup>th</sup> -8 <sup>th</sup>			
COURSE TITLE	PRACTICUM IN ELEMENTARY & SECONDARY SCHOOL PHYSICAL EDUCATION				
TEACHING ACTIVITIES  If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.			TEACHING HOURS PER WEEK		ECTS CREDITS
			3		6
Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.					
COURSE TYPE  Background, General Knowledge, Scientific  Area, Skill Development	BACKGROUND				
PREREQUISITES:	NONE				
TEACHING & EXAMINATION	GREEK				
LANGUAGE:	ENGLISH FOR ERASMUS STUDENTS				
COURSE OFFERED TO ERASMUS STUDENTS:	YES				
COURSE URL:	https://eclass.duth.gr/courses/KOM02417/				

### 2. LEARNING OUTCOMES

### **Learning Outcomes**

Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.

Upon successful completion of the course, participants will be able to:

- recognize in depth the issues related to the planning, organization and evaluation of PE lessons in primary and secondary school
- implement daily physical education lesson plans designed for primary and secondary school classes
- explain the structure and contents of PE curricula and comment them critically
- identify the operation of the school (institutional, administrative, organizational) and the role of the PE teacher in the modern school

### **General Skills**

Name the desirable general skills upon successful completion of the module

Search, analysis and synthesis of data and information, Project design and management

T Use Equity and Inclusion

Adaptation to new situations Respect for the natural environment

Decision making Sustainability

Autonomous work Demonstration of social, professional and moral responsibility

Teamwork and sensitivity to gender issues

Working in an international environment Critical thinking

Working in an interdisciplinary environment Promoting free, creative and inductive reasoning Production of new research ideas

• Search, analysis and synthesis of data and information

- Adaptation to new situations
- Decision making
- Autonomous work
- Teamwork
- Working in an interdisciplinary environment
- Production of new research ideas
- Project design and management
- Equity and Inclusion
- Demonstration of social, professional and moral responsibility and sensitivity to gender issues
- · Critical thinking

### 3. COURSE CONTENT

- 1. Guidelines for student-teachers about lesson planning, instruction and their assessment according to the intended learning outcomes (ILA) of the new Physical Education curriculum for elementary school
- 2. a) Lesson planning & implementation with primary ILA from motor domain and secondary ILA from cognitive domain of PE b) Instruction with emphasis on the class organization and the learning environment
- 3. a) Lesson planning & implementation with primary ILA from motor domain and secondary ILA from social domain of PE (e.g., following the class protocols) b) Instruction with emphasis on the behaviors and rules of physical activities/games
- 4. a) Lesson planning & implementation with primary ILA from cognitive domain and secondary ILA from motor domain of PE b) Instruction with emphasis on feedback provision
- 5. Lesson planning & implementation based on ILA from Goal 3 (health related fitness: knowledge and movement) and ILA from Goal 4 (social domain).

  Teaching style: "Practice"
- 6. Lesson planning & implementation with primary ILA from social domain and secondary ILA from motor domain of PE using the teaching styles "Reciprocal" and/or "Inclusion"
- 7. Lesson design & implementation with ILA from different goals and objectives, using one or more student-centered teaching styles
- 8. The Curriculum of the secondary physical education.
- a) Lesson planning & implementation with primary ILA from motor domain (traditional dance teaching) and secondary ILA from cognitive domain of PE
   b) Instruction with emphasis on positive climate learning
- 10. a) Teaching high risk content Planning & implementation of a lesson with primary ILA from movement domain (teaching athletics or gymnastics) and secondary outcomes from social domain of PE (collaboration) b) Teaching

- style: "Inclusion"
- 11. a) Lesson planning & implementation with primary ILA the development of moral values b) Teaching with productive teaching styles
- 12. Lesson planning & implementation based on objectives from Goal 3 (health related fitness: knowledge and movement) and objectives from Goal 4 (social domain). Teaching style: Learner's Individual
- 13. Planning & implementation of athletics event in the context of the intramural school championship or organization of the "Health Day" in the context of the school health policy.

### 4. LEARNING & TEACHING METHODS - EVALUATION TEACHING METHOD Practicum 12X2 h Face to face, Distance learning, etc. Face to face student-teachers' instruction in elementary and junior high school classes **USE OF INFORMATION &** Use of ICT in teaching and communication with **COMMUNICATIONS TECHNOLOGY** students (MsTeams/ e-class, webmail) Use of ICT in Teaching, in Laboratory Education, in Communication with students **TEACHING ORGANIZATION** Workload/semester Activity The ways and methods of teaching are Lectures 39 described in detail. Study at home, design Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, daily lesson plans in 61 Tutoring, Internship (Placement), Clinical twos, prepare for Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, teaching project. Etc. Teaching in elementary 30 and secondary classes The supervised and unsupervised workload per activity is indicated here, so that total Preparation and delivery workload per semester complies to ECTS of student-teacher's 20 standards. portfolio **TOTAL** 150 STUDENT EVALUATION Description of the evaluation process 1. Teaching effectiveness - 50% Assessment Language, Assessment Methods, 2. Completeness of Daily Instruction Plans Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development throughout the practicum - 30% Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, 3. Participation - willingness to innovate - course Presentation in audience, Laboratory Report, portfolio - 20% Clinical examination of a patient, Artistic

### 5. SUGGESTED BIBLIOGRAPHY

Please indicate all relevant information about the course assessment and how students are

interpretation, Other/Others

informed

- 1. Derri et al., (2016). Physical education in the beginning of 21st century. Standards, Goals and objectives in Elementary School. Thessaloniki: Kyriakidis.
- 2. Physical Education Curriculum and the Teacher Guides (2021) for each grade respectively.

### https://iep.edu.gr/el/nea-ps-provoli

- 3. Belka, D. E. (1994). Teaching children games. Becoming a Master Teacher.
- 4. Hopple, Ch. (1995). Teaching for Outcomes in Physical Education. A guide for curriculum and assessment. USA: Human Kinetics.
- 5. Schiemer, S. (2000). Assessment Strategies for Elementary Physical Education. USA: Human Kinetics

### **ANNEX OF THE COURSE OUTLINE**

## Alternative ways of examining a course in emergency situations

Teacher (full name):	Derri Vasiliki, Kouli Olga, Koufou Nerantzoula, Emmanouilidou Kiriaki
Contact details:	vaderri@phyed.duth.gr okouli@phyed.duth.gr
Supervisors:	NO
Evaluation methods:	Written assignments, daily lesson plans and presentations during the semester
Implementation Instructions:	The course will take place in subgroups depending on the number of students. Presentations will take place via Teams platform with open cameras and microphones and written assignments will be delivered on the e-class platform within predetermined time limits.