

COURSE OUTLINE FOOTBALL COACHING AND TEACHING

1. GENERAL

SCHOOL	PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY		
DEPARTMENT	PHYSICAL EDUCATION AND SPORT SCIENCE		
LEVEL OF STUDIES	ISCED level 6 – Bachelor's or equivalent level		
COURSE CODE	C201	SEMESTER	3 RD and 4 TH
COURSE TITLE	FOOTBALL COACHING AND TEACHING		
TEACHING ACTIVITIES <i>If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.</i>		TEACHING HOURS PER WEEK	ECTS CREDITS
		3	3
Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.			
COURSE TYPE <i>Background, General Knowledge, Scientific Area, Skill Development</i>	Background		
PREREQUISITES:	NO		
TEACHING & EXAMINATION LANGUAGE:	Greek		
COURSE OFFERED TO ERASMUS STUDENTS:	NO		
COURSE URL:	https://eclass.duth.gr		

2. LEARNING OUTCOMES

Learning Outcomes

Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.

Upon the completion of this course, students will be able to:

- *perform the basic technical skills of football.*
- *know the regulations of the sport and apply the basic regulations of sports in practice.*
- *understand and know the methodology of teaching football technique-tactics.*
- *select the appropriate exercises, the appropriate warm-up and design technical-tactic learning programs through the appropriate methodology and selection of technical methods.*

General Skills

Name the desirable general skills upon successful completion of the module

Search, analysis and synthesis of data and information,
ICT Use
Adaptation to new situations
Decision making
Autonomous work
Teamwork
Working in an international environment
Working in an interdisciplinary environment
Production of new research ideas

Project design and management
Equity and Inclusion
Respect for the natural environment
Sustainability
Demonstration of social, professional and moral responsibility and sensitivity to gender issues
Critical thinking
Promoting free, creative and inductive reasoning

- Adaptation to new situations

- Decision making
- Autonomous work
- Working in an interdisciplinary environment
- Project design and management
- Equity and Inclusion
- Respect for the natural environment
- Sustainability
- Demonstration of social, professional and moral responsibility and sensitivity to gender issues
- Critical thinking
- Promoting free, creative and inductive reasoning

3. COURSE CONTENT

1. Football regulations.
2. Technique methods – Technique training methodology - training organization.
3. Football warm-up.
4. Learning/teaching ball control and reception.
5. Learning/teaching short passing.
6. Learning/teaching dribbling.
7. Learning/teaching shooting.
8. Learning/teaching faking.
9. Learning/teaching heading.
10. Learning/teaching defensive skills.
11. Learning/teaching 1-2.
12. Learning/teaching overlapping.
13. Learning/teaching passing-receiving.

4. LEARNING & TEACHING METHODS - EVALUATION

TEACHING METHOD <i>Face to face, Distance learning, etc.</i>	Face to face	
USE OF INFORMATION & COMMUNICATIONS TECHNOLOGY (ICT) <i>Use of ICT in Teaching, in Laboratory Education, in Communication with students</i>	Use of T.P.E. in Teaching and Communication with students <ul style="list-style-type: none"> • digital slides • video • MsTeams/ e-class, webmail 	
TEACHING ORGANIZATION <i>The ways and methods of teaching are described in detail. Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.</i> <i>The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.</i>	Activity	Workload/semester
	Lectures	39
	Field practice	11
	Tutoring	11
	Bibliographic research&analysis	11
	Examination	3
	Total	75

<p>STUDENT EVALUATION</p> <p><i>Description of the evaluation process</i></p> <p><i>Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic interpretation, Other/Others</i></p> <p><i>Please indicate all relevant information about the course assessment and how students are informed</i></p>	<p>A. Assessment in ACTION (60%) which will be distributed as follows:</p> <ul style="list-style-type: none"> • 30% from the presentation of the Didactic Football work on the field • 20% of the students' technical ability, which will be evaluated by the teacher throughout the participation in the practical part of the Spring semester courses. • 10% from systematic attendance and active participation in the course. <p>B. In the score of the Written Theory exams (40%)</p> <p>A condition for a successful overall grade of the course is that the student has been graded with five (5), both in Theory and Practice. The student does not need to repeat the exam in the theoretical or practical part, who has achieved a grade greater than five (5) and the score is included in the final grade, when he/she successfully passes the exam in the rejected part.</p>
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5. SUGGESTED BIBLIOGRAPHY

1. Alan Hargreaves (2022). Τεχνικές δεξιότητες , διδακτική, τακτική στο σύγχρονο ποδόσφαιρο. ΕΚΔΟΣΕΙΣ ΚΩΝΣΤΑΝΤΑΡΑΣ. ISBN: 978-960-608-101-9
2. Elis Rob (2023). Σύγχρονη προπονητική ποδοσφαίρου. ΕΚΔΟΣΕΙΣ ΚΩΝΣΤΑΝΤΑΡΑΣ . ISBN: 978-960-608-102-6
3. Κόλιας Γιάννης (2005). Το ποδόσφαιρο δεν αρκεί μόνο το ταλέντο. ΕΚΔΟΣΕΙΣ ΕΛΛΗΝΙΚΑ ΓΡΑΜΜΑΤΑ. ISBN :960-442-056-9

ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

Teacher (full name):	ISPITLIDIS IOANNIS
Contact details:	iispytli@phyed.duth.gr
Supervisors:	YES
Evaluation methods:	Homework (35%). Distance written exam (65%)
Implementation Instructions:	Homework should be submitted via eclass by a specified date.

