# COURSE OUTLINE PHYSICAL EDUCATION IN PRESCHOOL AGE

## 1. GENERAL

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| **SCHOOL** | **PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY** | | |
| **DEPARTMENT** | PHYSICAL EDUCATION AND SPORT SCIENCE | | |
| **LEVEL OF STUDIES** | ISCED level 6 – Bachelor's or equivalent level | | |
| **COURSE CODE** | C181 | SEMESTER | 7th |
| **COURSE TITLE** | PHYSICAL EDUCATION IN PRESCHOOL AGE | | |

| **TEACHING ACTIVITIES** *If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.* | **TEACHING HOURS PER WEEK** | **ECTS CREDITS** |
|---|---|---|
| | 3 | 6 |
| *Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.* | | |

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| **COURSE TYPE** *Background, General Knowledge, Scientific Area, Skill Development* | BACKGROUND |
| **PREREQUISITES:** | NO |
| **TEACHING & EXAMINATION LANGUAGE:** | GREEK<br>ENGLISH FOR ERASMUS STUDENTS |
| **COURSE OFFERED TO ERASMUS STUDENTS:** | YES |
| **COURSE URL:** | https://eclass.duth.gr/courses/KOM02122/ |

## 2. LEARNING OUTCOMES

**Learning Outcomes**

*Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.*

Upon successful completion of the course, participants will be able to:

- *know the nature of the multifaceted development of preschool children*
- *understand the importance of the aims and objectives of Physical Education in preschool*
- *know the differentiation of Physical Education programs in preschool compared to other levels of education*
- *are able to plan and organize developmentally appropriate Physical Education lessons for preschool children*

**General Skills**

*Name the desirable general skills upon successful completion of the module*

*Search, analysis and synthesis of data and information,*
*ICT Use*
*Adaptation to new situations*
*Decision making*
*Autonomous work*
*Teamwork*
*Working in an international environment*
*Working in an interdisciplinary environment*
*Production of new research ideas*
*Project design and management*
*Equity and Inclusion*
*Respect for the natural environment*
*Sustainability*
*Demonstration of social, professional and moral responsibility and sensitivity to gender issues*
*Critical thinking*
*Promoting free, creative and inductive reasoning*

- *Search, analysis and synthesis of data and information, ICT Use*
- *Decision making*
- *Autonomous work*
- *Teamwork*
- *Equity and Inclusion*
- *Respect for the natural environment*
- *Sustainability*
- *Demonstration of social, professional and moral responsibility and sensitivity to gender issues*
- *Critical thinking*
- *Promoting free, creative and inductive reasoning*

## 3. COURSE CONTENT

1. *The importance of Physical Education in preschool age & Experiential consolidation through collaborative learning*
2. *Development in preschool age (motor & cognitive) & Experiential consolidation through practical applications*
3. *Development in preschool age (social & emotional) & Experiential consolidation through practical applications*
4. *Goals - Objectives - Aspirations in Preschool Age & Experiential consolidation through collaborative learning*
5. *How preschool children learn & Experiential consolidation through project method*
6. *Basic motor skills - Stages of development of Basic Motor Skills & Experiential consolidation through practical applications*
7. *Motor concepts & Experiential consolidation through practical applications*
8. *The role of the teacher in preschool education & Experiential consolidation through collaborative learning*
9. *Planning & Organization developmentally appropriate programs & Experiential consolidation through project method*
10. *Developmentally appropriate methods in physical education programs for preschool children & Experiential consolidation through collaborative learning*
11. *Cross-curricular teaching & Experiential consolidation through project method*
12. *Assessment in preschool age & Experiential consolidation through collaborative learning*
13. *Creation of Integrated Physical Education Programs for preschool children & Experiential consolidation through practical application in different learning environments*

## 4. LEARNING & TEACHING METHODS - EVALUATION

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| **TEACHING METHOD**<br>*Face to face, Distance learning, etc.* | Face to face |
| **USE OF INFORMATION & COMMUNICATIONS TECHNOLOGY (ICT)**<br>*Use of ICT in Teaching, in Laboratory* | Use of ICT in Teaching and Communication with Students<br>• digital slides |

<table>
<tr><td>Education, in Communication with students</td><td>• video<br>• MsTeams/ e-class, webmail</td></tr>
<tr><td>TEACHING ORGANIZATION<br>The ways and methods of teaching are described in detail.<br>Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.<br><br>The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.</td><td>
<table>
<tr><th>Activity</th><th>Workload/semester</th></tr>
<tr><td>Lectures</td><td>39</td></tr>
<tr><td>Work</td><td>50</td></tr>
<tr><td>Literature Study and Analysis</td><td>58</td></tr>
<tr><td>Exams</td><td>3</td></tr>
<tr><td>Total Course</td><td>150</td></tr>
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<tr><td>STUDENT EVALUATION<br>Description of the evaluation process<br><br>Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam,<br>Presentation in audience, Laboratory Report,<br>Clinical examination of a patient, Artistic interpretation, Other/Others<br><br>Please indicate all relevant information about the course assessment and how students are informed</td><td>Class work 35%<br>Group Homework 35%<br>Written Exam 30%</td></tr>
</table>

## 5. SUGGESTED BIBLIOGRAPHY


1. *Zachopoulou, E. & Kouli O. (2017). Physical Education at the beginning of the 21st Century. Aims – Objectives – Aspirations in Preschool Age. Publications: Kyriakides Bros., Thessaloniki.*
2. *Koutsouvanou E., Arvanitis-Papadopoulou T. (2011). Preschool education programs and teaching methodology. Publications: Papazisi S.A., Athens.*
3. *Berk, E.L. (2011) Infants, Children, and Adolescents (7th Edition). Pearson Education Inc. Greek edition (2015). The development of infants, children and adolescents (Ed.) Makri-Botsari E. (1st Greek edition). Ion Publishing Group.*
4. *Loizou E. (2021). Play in early childhood. Its interrelated relationship with learning and development. Field. Athens*
5. *Sheridan, M., Howard, J. & Alderson, D. (2011). Play in Early Childhood: From Birth to Six Years. 3rd Edition. Routledge, Taylor & Francis Group, London and New York. Greek edition (2014). Play in early childhood. From birth to six years. (Translated & Edited) Vanessa Loupelli & Valia Galifianaki. Konstantaras, Medical Publications, Athens.*


# ANNEX OF THE COURSE OUTLINE

## Alternative ways of examining a course in emergency situations


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| **Teacher (full name):** | Olga Kouli, Associate Professor |
| **Contact details:** | okouli@phyed.duth.gr |

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| **Supervisors:** | YES |
| **Evaluation methods:** | Homework (35%). Written remote exam (65%) |
| **Implementation Instructions:** | Homework must be submitted via eclass on a specified date |