

COURSE OUTLINE PHYSICAL EDUCATION IN SECONDARY SCHOOL

1. GENERAL

SCHOOL	PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY		
DEPARTMENT	PHYSICAL EDUCATION AND SPORT SCIENCE		
LEVEL OF STUDIES	ISCED level 6 – Bachelor's or equivalent level		
COURSE CODE	C162	SEMESTER	6th
COURSE TITLE	PHYSICAL EDUCATION IN SECONDARY SCHOOL		
TEACHING ACTIVITIES <i>If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.</i>		TEACHING HOURS PER WEEK	ECTS CREDITS
		3	6
<i>Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.</i>			
COURSE TYPE <i>Background, General Knowledge, Scientific Area, Skill Development</i>	BACKGROOUND		
PREREQUISITES:	NO		
TEACHING & EXAMINATION LANGUAGE:	GREEK		
COURSE OFFERED TO ERASMUS STUDENTS:	YES		
COURSE URL:	https://eclass.duth.gr/courses/KOM02119/		

2. LEARNING OUTCOMES

Learning Outcomes

Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.

Upon completion of this course, participants will be able to:

- *Understand the current international trends in physical education (PE) in Secondary School as they are implemented in PE models.*
- *Plan and organize the teaching content according to the educational short- and long-term Goals, Objectives and Learning Outcomes of PE.*
- *Recognize and select the methods of effective teaching and classroom management.*
- *Design exercise programs based on the students' individual developmental characteristics and needs.*
- *Develop PE programs to maintain students' interest for the lesson and promote physical activity and other healthy behaviors inside and outside the school environment*
- *Identify and describe the assessment methods of a) the PE teacher, b) the secondary student and c) the educational program*

General Skills

Name the desirable general skills upon successful completion of the module

Search, analysis and synthesis of data and information,

ICT Use

Adaptation to new situations

Decision making

Autonomous work

Teamwork

Working in an international environment

Working in an interdisciplinary environment

Production of new research ideas

Project design and management

Equity and Inclusion

Respect for the natural environment

Sustainability

Demonstration of social, professional and moral responsibility

and sensitivity to gender issues

Critical thinking

Promoting free, creative and inductive reasoning

- *Search, analysis and synthesis of data and information*
- *Adaptation to new situations*
- *Decision making*
- *Autonomous work*
- *Teamwork*
- *Project design and management*
- *Equity and Inclusion*
- *Demonstration of social, professional and moral responsibility and sensitivity to gender issues*
- *Critical thinking*

3. COURSE CONTENT

1. *Secondary School Physical Education: current needs and characteristics of students and teachers*
2. *Goals, Objectives and Learning Outcomes of Secondary Physical Education: towards skillful, confident, engaged and active learners (Physically literate persons/individuals)*
3. *Physical Education curriculum models and the curricular structure*
4. *Subject matter knowledge in teaching secondary physical education*
5. *Organisation and management of instructional setting for responsibility and learning*
6. *Fostering adolescents' positive attitudes towards physical activity for healthy and fulfilling lifestyle*
7. *Teaching styles and approaches for developing 21st century skills through physical education*
8. *Approaches for teaching moral values and social skills in Secondary Physical Education*
9. *Promoting physical activity and improving health-related fitness for autonomous participants, inside and outside of school environment*
10. *Assessment of and for learning in Secondary Physical Education*
11. *Digital technologies in teaching Secondary PE*
12. *Annual and unit planning in Secondary Physical Education*
13. *Lesson plans for effective teaching and learning in Secondary Physical Education*

4. LEARNING & TEACHING METHODS - EVALUATION

TEACHING METHOD <i>Face to face, Distance learning, etc.</i>	Face to face	
USE OF INFORMATION & COMMUNICATIONS TECHNOLOGY (ICT) <i>Use of ICT in Teaching, in Laboratory Education, in Communication with students</i>	Use of ICT in teaching and communication with students	
TEACHING ORGANIZATION <i>The ways and methods of teaching are described in detail.</i> <i>Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.</i> <i>The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.</i>	Activity	Workload/semester
	Lectures	39
	Literature study and analysis	70
	Individual and group assignments	30
	Thematic discussions	8
	Exams	3
	Total	150
STUDENT EVALUATION <i>Description of the evaluation process</i> <i>Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic interpretation, Other/Others</i> <i>Please indicate all relevant information about the course assessment and how students are informed</i>	Summative assessment: written exams including open-ended and multiple-choice items 100%	

5. SUGGESTED BIBLIOGRAPHY

<ol style="list-style-type: none"> 1. Capel, S., Cliffe, J., & Lawrence, J. (2021). <i>Learning to Teach Physical Education in the Secondary School A Companion to School Experience</i>. 5th Edition. Routledge ISBN 9780367209629 2. Mohnsen, B. S. (2008). <i>Teaching middle school physical education: A standards-based approach for grades 5-8</i>. Human kinetics. 3. Mitchell, S. A., & Walton-Fisette, J. L. (2022). <i>The Essentials of Teaching Physical Education: Curriculum, Instruction, and Assessment</i>, 2nd ed. Human Kinetics.
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ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

Teacher (full name):	Kyriakoula Emmanouilidou
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Supervisors:	No
Evaluation methods:	Written examination with distance learning methods
Implementation Instructions:	<p>The exam will take place in groups according to the examination program starting at ... and every one hour according to the order in which the names of the students appear in the list of participants.</p> <p>The examination will be carried out through the TEAMS and e-CLASS platforms in groups of 50 students. The link for each student group will be sent to students via e-class exclusively to the institutional accounts of those who have accepted the exam and have been informed about the terms of distance education.</p> <p>Students will have to log in to the exam session through their institutional account, otherwise they will not be able to participate. Before the start of the exam, they will show their identity to the camera, so that they can be identified. Then, they will enter the e-class, where they will participate in a written exam. The exam will include multiple choice / yes-no and open-ended questions. Each of the questions is graded from 0.5 to 2.0 points depending on the question category.</p>