

COURSE OUTLINE ELEMENTARY PHYSICAL EDUCATION

1. GENERAL

SCHOOL	PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY		
DEPARTMENT	PHYSICAL EDUCATION AND SPORT SCIENCE		
LEVEL OF STUDIES	ISCED level 6 – Bachelor's or equivalent level		
COURSE CODE	C152	SEMESTER	5th
COURSE TITLE	ELEMENTARY PHYSICAL EDUCATION		
TEACHING ACTIVITIES <i>If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.</i>		TEACHING HOURS PER WEEK	ECTS CREDITS
		3	6
Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.			
COURSE TYPE <i>Background, General Knowledge, Scientific Area, Skill Development</i>	BACKGROUND		
PREREQUISITES:	NONE		
TEACHING & EXAMINATION LANGUAGE:	GREEK ENGLISH FOR ERASMUS STUDENTS		
COURSE OFFERED TO ERASMUS STUDENTS:	YES		
COURSE URL:	https://eclass.duth.gr/courses/KOM02109/		

2. LEARNING OUTCOMES

Learning Outcomes

Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.

Upon completion of this course, participants will be able to:

- *Understand the areas of development/learning and the skills and concepts involved*
- *Understand the Curricula and the short- and long-term educational goals/ learning outcomes per grade/age*
- *Create lesson plans for all children, based on developmental characteristics, and utilize their differences*
- *Identify and describe current methods of effective teaching and assessment of knowledge, learning and performance*
- *Know the role of physical education in promoting lifelong physical activity for health and quality of life.*

General Skills

Name the desirable general skills upon successful completion of the module

Search, analysis and synthesis of data and information,

ICT Use

Adaptation to new situations

Decision making

Autonomous work

Teamwork

Working in an international environment

Working in an interdisciplinary environment

Production of new research ideas

Project design and management

Equity and Inclusion

Respect for the natural environment

Sustainability

Demonstration of social, professional and moral responsibility and sensitivity to gender issues

Critical thinking

Promoting free, creative and inductive reasoning

- Search, analysis and synthesis of data and information
- Adaptation to new situations
- Decision making
- Autonomous work
- Teamwork
- Project design and management
- Equity and Inclusion
- Demonstration of social, professional and moral responsibility and sensitivity to gender issues
- Critical thinking

3. COURSE CONTENT

1. 21st Century skills, Physical literacy and health. The role of PE
2. A Teaching for Learning approach
3. Annual and Unit planning. Criteria
4. The anatomy of a daily lesson plan
5. Fundamental movement and sport skills
6. Cognitive concepts and thinking
7. Emotional, Social skills and Values
8. Health-related fitness and skill-related Fitness
9. Essential teaching and evaluation skills
10. Class organization and management
11. Contemporary teaching methods and styles
12. Presentation of the lesson plans by the students and feedback
13. Presentation of the lesson plans by the students. Synopsis and feedback

4. LEARNING & TEACHING METHODS - EVALUATION

TEACHING METHOD <i>Face to face, Distance learning, etc.</i>	Face to face lectures and applications	
USE OF INFORMATION & COMMUNICATIONS TECHNOLOGY (ICT) <i>Use of ICT in Teaching, in Laboratory Education, in Communication with students</i>	Use of ICT in teaching and communication with students - digital slides - videos - MsTeams/e-class, webmail	
TEACHING ORGANIZATION <i>The ways and methods of teaching are described in detail. Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.</i> <i>The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.</i>	Activity	Workload/semester
	Lectures (and exercises/applications)	39
	Thematic discussions, homework	80
	Study for Individual and group assignments and/or exams	28
	Final Exams	3
	Total	150
STUDENT EVALUATION <i>Description of the evaluation process</i>		

Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic interpretation, Other/Others

Please indicate all relevant information about the course assessment and how students are informed

1. Pre-programmed quizzes and in class activities 100%, OR
2. Final exams 100%

5. SUGGESTED BIBLIOGRAPHY

1. Mitchell, S. A. & Walton-Fisette, J. L. (2022). *The essentials in physical education teaching: Curriculum, teaching and assessment*. Athens: Parisianou SA.
2. Pangrazi, R. P. (1999). *teaching physical education in primary education*. Edited by Efthimis Kioumourtzoglou, Greek version. University Studio Press.
3. Derri, V., Hasandra, M., Vassiliadou, O., Demetriou, E., Kosmidou, E., Kyrgyridis, P., Leventakis, H., & Papamichou, A. (2022). *Curriculum for the physical education course in primary school (2nd edition)*. Athens: Institute of Educational Policy.
4. Derri, V., Hasandra, M., Vassiliadou, O., Demetriou, E., Kosmidou, E., Kyrgyridis, P., Leventakis, H., & Papamichou, A. (2022). *Teacher's Guide. Curriculum for the physical education course in primary school (2nd edition)*. Athens: Institute of Educational Policy.
5. Derri, V., Emmanouilidou, K. & Vassiliadou, O. (2014). *The New Curriculum for Physical Education in Primary School. A guide for the teacher*. http://ebooks.edu.gr/new/ps.php?fbclid=IwAR1KV5bKNj5_WCnHEr1qH_qbWyNEzxmAEUO-feCvXybAlbQm7i0gCBa_ww
6. Derri, V. et al. (2016). *Physical Education at the beginning of the 21st century: Aims-goals-objectives in primary education. Objectives, objectives and targets in primary education in the primary education sector: Kyriakidis Publications*.

ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

Teacher (full name):	Vasiliki Derri
Contact details:	vaderri@phyed.duth.gr
Supervisors:	YES
Evaluation methods:	Written examination (quizzes and/or final exams)
Implementation Instructions:	<p>The examination in the course will be carried out in subgroups of users in the e-class, depending on the number of participants in the course, on the day according to the examination program announced by the Secretariat. The exam will be conducted through Teams. The link will be sent to students via e-class exclusively to the institutional accounts of those who have registered for the course and have learned the terms of distance methods.</p> <p>Students will have to log in to the examination room through their</p>

	<p>institutional account, otherwise they will not be able to participate. They will also take part in the examination with a camera, which they will have open during the examination. Before the start of the exam, students will show their identity to the camera, so that they can be identified.</p> <p>Each student should answer multiple choice questions, free text development, critical thinking. Each of the questions is graded from 0.5 to 2.0 points depending on the question category.</p>
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