

## COURSE OUTLINE ADAPTED PHYSICAL EDUCATION

### 1. GENERAL

<b>SCHOOL</b>	SCHOOL OF PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY		
<b>DEPARTMENT</b>	PHYSICAL EDUCATION AND SPORT SCIENCE		
<b>LEVEL OF STUDIES</b>	ISCED level 6 – Bachelor's or equivalent level		
<b>COURSE CODE</b>	C131	<b>SEMESTER</b>	3 <sup>RD</sup>
<b>COURSE TITLE</b>	ADAPTED PHYSICAL EDUCATION		
<b>TEACHING ACTIVITIES</b> <i>If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.</i>		<b>TEACHING HOURS PER WEEK</b>	<b>ECTS CREDITS</b>
		3	3
Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.			
<b>COURSE TYPE</b> <i>Background, General Knowledge, Scientific Area, Skill Development</i>	BACKGROUND		
<b>PREREQUISITES:</b>	NONE		
<b>TEACHING &amp; EXAMINATION LANGUAGE:</b>	GREEK ENGLISH FOR ERASMUS STUDENTS		
<b>COURSE OFFERED TO ERASMUS STUDENTS:</b>	YES		
<b>COURSE URL:</b>	<a href="https://eclass.duth.gr/courses/201/">HTTPS://ECLASS.DUTH.GR/COURSES/201/</a>		

### 2. LEARNING OUTCOMES

#### Learning Outcomes

*Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.*

Upon the completion of this course, students will be able to:

- *Theoretical approaches and principles of motor development*
- *Developmental processes in different body systems*
- *Developmental processes in all areas of personality, as well as their interaction at various stages of development*
- *Developmental processes of movement at all stages of human life*
- *Laboratory procedures for studying motor development*
- *Characteristics of typical and atypical cognitive, emotional, and motor development in children and adolescents, and their interaction in designing motor development programs*
- *Disabilities in general, based on the current edition of the DSM manual*
- *Procedures for evaluating motor development*
- *Techniques for designing and implementing an Individualized Education Program*

**General Skills**

*Name the desirable general skills upon successful completion of the module*

*Search, analysis and synthesis of data and information,*

*ICT Use*

*Adaptation to new situations*

*Decision making*

*Autonomous work*

*Teamwork*

*Working in an international environment*

*Working in an interdisciplinary environment*

*Production of new research ideas*

*Project design and management*

*Equity and Inclusion*

*Respect for the natural environment*

*Sustainability*

*Demonstration of social, professional and moral*

*responsibility and sensitivity to gender issues*

*Critical thinking*

*Promoting free, creative and inductive reasoning*

Search, analyze, and synthesize data and information, using the necessary technologies Independent work Teamwork Demonstrate social, professional, and ethical responsibility and sensitivity to gender issues Exercise critical and self-critical thinking Promote free, creative, and inductive thinking Respect for diversity and multiculturalism

**3. COURSE CONTENT**

1. *Introduction to typical and atypical motor development*
2. *Biological effects of developmental changes*
3. *Developmental models and theories, motor control, and developmental theories*
4. *Early movement development: from birth to 24 months*
5. *Motor development in early childhood: from 2 to 7 years*
6. *Motor development in later childhood: from 7 years to adolescence and adulthood*
7. *Motor disabilities*
8. *Neurodevelopmental disorders*
9. *Chromosomal disorders*
10. *Sensory disabilities*
11. *Evaluation in motor development & motor development programs*
12. *Design of an Individualized Education Program (IEP)*
13. *IEP design workshop*

**4. LEARNING & TEACHING METHODS - EVALUATION**

<b>TEACHING METHOD</b> <i>Face to face, Distance learning, etc.</i>	Face-to-face, remote, laboratory	
<b>USE OF INFORMATION &amp; COMMUNICATIONS TECHNOLOGY (ICT)</b> <i>Use of ICT in Teaching, in Laboratory Education, in Communication with students</i>	Use of ICT in Teaching and Communication with students	
<b>TEACHING ORGANIZATION</b> <i>The ways and methods of teaching are described in detail.</i>	<b>Activity</b>	<b>Workload/semester</b>
	Lectures	39
	Assignments	50

<i>Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research &amp; analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.</i>  <i>The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.</i>	Study and analysis of literature	58
	Examinations	3
	Total	<b>150</b>
<b>STUDENT EVALUATION</b> <i>Description of the evaluation process</i>  <i>Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic interpretation, Other/Others</i>  <i>Please indicate all relevant information about the course assessment and how students are informed</i>	Formative Progress (exam) (30%) Portfolio submission (10%) Practical demonstration (30%) Project "IEP design" (group) (30%) (presentation within the workshop)	

## 5. SUGGESTED BIBLIOGRAPHY

1. GOODWAY, J., OZMUN, J., GALLAHUE, D. (2024). UNDERSTANDING MOTOR DEVELOPMENT, BOOK CODE IN EUDOXUS: 133035726, ISBN: 9786188620667, KONSTANTARAS PUBLISHING PARTNERSHIP
2. HAYWOOD M. K., GETCHELL N. (2021). LIFESPAN MOTOR DEVELOPMENT, BOOK CODE IN EUDOXUS: 94964378, ISBN: 9789601225050, UNIVERSITY STUDIO PRESS - GRAPHIC ARTS AND PUBLISHING COMPANY

## ANNEX OF THE COURSE OUTLINE

### Alternative ways of examining a course in emergency situations

Teacher (full name):	Kampas Antonis
Contact details:	<a href="mailto:akampas@phyed.duth.gr">akampas@phyed.duth.gr</a>

<b>Supervisors:</b>	
<b>Evaluation methods:</b>	
<b>Implementation Instructions:</b>	Oral examination with distance learning methods