

COURSE OUTLINE TRAINING AND DIDACTICS IN BASKETBALL

1. GENERAL

SCHOOL	PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY		
DEPARTMENT	PHYSICAL EDUCATION AND SPORT SCIENCE		
LEVEL OF STUDIES	ISCED level 6 – Bachelor's or equivalent level		
COURSE CODE	C104	SEMESTER	1 ST & 2 ND
COURSE TITLE	TRAINING AND DIDACTICS IN BASKETBALL		
TEACHING ACTIVITIES <i>If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.</i>		TEACHING HOURS PER WEEK	ECTS CREDITS
		3	3
<i>Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.</i>			
COURSE TYPE <i>Background, General Knowledge, Scientific Area, Skill Development</i>	SKILL DEVELOPMENT		
PREREQUISITES:	NONE		
TEACHING & EXAMINATION LANGUAGE:	GREEK ENGLISH FOR ERASMUS STUDENTS		
COURSE OFFERED TO ERASMUS STUDENTS:	YES		
COURSE URL:	https://eclass.duth.gr/courses/		

2. LEARNING OUTCOMES

Learning Outcomes

Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.

Upon the completion of this course, students will be able to:

- *To learn how to teach the basic personal basketball skills*
- *To apply teaching skills for many basketball drills aiming to master the fundamental requirements of basketball.*
- *To learn the contemporary teaching methods applied in simple or multiple basic basketball skills.*
- *To learn how to apply teaching skills in the process of developing the training structure in basketball.*
- *To understand the defensive and offensive philosophy of the game. The overall goal of the course is through the teaching methods and its applications to enable students to develop their abilities as prospective basketball instructors in the field of Physical Education.*

General Skills

Name the desirable general skills upon successful completion of the module

Search, analysis and synthesis of data and information,

ICT Use

Adaptation to new situations

Project design and management

Equity and Inclusion

Respect for the natural environment

<i>Decision making</i>	<i>Sustainability</i>
<i>Autonomous work</i>	<i>Demonstration of social, professional and moral responsibility and sensitivity to gender issues</i>
<i>Teamwork</i>	<i>Critical thinking</i>
<i>Working in an international environment</i>	<i>Promoting free, creative and inductive reasoning</i>
<i>Working in an interdisciplinary environment</i>	
<i>Production of new research ideas</i>	

- *Search, analysis and synthesis of data and information, ICT Use*
- *Adaptation to new situations*
- *Decision making*
- *Autonomous work*
- *Teamwork*
- *Working in an interdisciplinary environment*
- *Project design and management*
- *Equity and Inclusion*
- *Demonstration of social, professional and moral responsibility and sensitivity to gender issues*
- *Critical thinking*
- *Promoting free, creative and inductive reasoning*

3. COURSE CONTENT

1. *Teaching the usefulness of moving abilities in basketball and the teaching methods for those. These, adapted to basketball needs, movements include body balance, running, changing directions, defensive moves etc. Also, there will be introduction to ball handling and pass teaching methods.*
2. *Teaching methods for the different passes – pass with one or both hands, bounce pass, chest pass, baseball pass – and introduction to teaching methods of dribbling skill.*
3. *Teaching methods for the different types of dribbles (control, offensive, defensive, reverse, back etc) and introduction of the shooting skill.*
4. *Teaching methods for the different types of shoots – free throw, lay up, jump shoot, hook shoot, follow shoot etc.*
5. *Use of multimedia as a feedback mean for the teaching methods (video show) for the basic skills of shoot-pass-dribble. Introduction to the personal technical and tactical skills for successful rebounds.*
6. *Teaching methods for the rebounds – offensive and defensive – and introduction to personal offensive and defensive skills (fakes).*
7. *Teaching methods for the use of fakes by outside and inside players – introduction to the offensive philosophy.*
8. *Teaching methods for playing offence one to one by applying offensive and defensive options by the outside and inside players. Introduction of the screen skill.*
9. *Teaching methods for the different types of screens (inside screen, outside screen, down screen, up screen) and the use of offensive game two on two and three on three. Offence-defense: teaching games with or without the use of screens. Introduction to team offence.*

10. Teaching methods for playing offence four on four. Teaching methods for offence in general. Offensive and defensive co-operations.
11. Teaching methods for team offensive disciplines – teaching of basic offensive systems (longitudinal offensive moves).
12. Teaching methods for team defense – man to man. Disciplines for team defense.
13. Teaching alternative pedagogical games using basketball moves and skills as a mean to learn the fundamental technical and tactical skills and as a mean for physical activity for everyone, especially during the PE classes in schools.

4. LEARNING and TEACHING METHODS - EVALUATION

<p>TEACHING METHOD <i>Face to face, Distance learning, etc.</i></p>	<p>Theoretical and practical teaching. The distribution of the teaching content will be as followed:</p> <ul style="list-style-type: none"> • Theory and teaching methods for each subject 30% • Practicing the teaching methods of the subjects 70% <p>Use of distance learning if needed.</p>	
<p>USE OF INFORMATION & COMMUNICATIONS TECHNOLOGY (ICT) <i>Use of ICT in Teaching, in Laboratory Education, in Communication with students</i></p>	<p>Use of ICT in Teaching</p>	
<p>TEACHING ORGANIZATION <i>The ways and methods of teaching are described in detail. Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.</i></p> <p><i>The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.</i></p>	<p>Activity</p>	<p>Workload/semester</p>
	<p>Lectures and practice on field</p>	<p>39</p>
	<p>Studying theory</p>	<p>11</p>
	<p>Preparation for exams</p>	<p>25</p>
	<p>TOTAL</p>	<p>75</p>
<p>STUDENT EVALUATION <i>Description of the evaluation process</i></p> <p><i>Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic interpretation, Other/Others</i></p>	<p>Written exam on theoretical issues of the course (end of semester) 30%</p> <p>Practical exam on teaching basketball skills (end of semester) 50%</p> <p>Interest and participation in class 20%</p> <p>Examination language Greek</p>	

Please indicate all relevant information about the course assessment and how students are informed

5. SUGGESTED BIBLIOGRAPHY

1. *Learning basketball*. Gavriilidis Adreas, Telethron Publishers, Athens 2010
2. *Basketball. Technical analyses and teaching*. Ryan Goodson (N.Kostopoulos, A. Laios). Broken Hill Publishers, Nicosia, Cyprus 2018.
3. *The teaching of basketball..V. Gerodimos et al...*Kyriakidis publishers, Thessaloniki 2020
4. *Basketball. The teaching of tactics in the development ages*. G. Tsitskaris et al...Salto publishers, Thessaloniki 2011.

ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

Teacher (full name):	LAPARIDIS KONSTANTINOS
Contact details:	lapco@phyed.duth.gr
Supervisors: (1)	none
Evaluation methods: (2)	Written examination with distance learning methods
Implementation Instructions: (3)	<p>The examination in the course will be carried out in subgroups of users in the e-class, depending on the number of participants in the course, on the day according to the examination program announced by the Secretariat.</p> <p>The exam will be conducted through Teams. The link will be sent to students via e-class exclusively to the institutional accounts of those who have registered for the course and have learned the terms of distance methods.</p> <p>Students will have to log in to the examination room through their institutional account, otherwise they will not be able to participate. They will also take part in the examination with a camera, which they will have open during the examination. Before the start of the exam, students will show their identity to the camera, so that they can be identified.</p> <p>Each student should answer multiple choice questions, free text development, critical thinking. Each of the questions is graded from 0.5 to 2.0 points depending on the question category</p>