

## COURSE OUTLINE APPLIED ANALYSIS OF TECHNIQUE AND TACTICS IN TEAM AND INDIVIDUAL SPORTS

### 1. GENERAL

<b>SCHOOL</b>	PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY		
<b>DEPARTMENT</b>	PHYSICAL EDUCATION AND SPORT SCIENCE		
<b>LEVEL OF STUDIES</b>	ISCED level 6 – Bachelor's or equivalent level		
<b>COURSE CODE</b>	C074	<b>SEMESTER</b>	7 <sup>th</sup> & 8 <sup>th</sup>
<b>COURSE TITLE</b>	APPLIED ANALYSIS OF TECHNIQUE AND TACTICS IN TEAM AND INDIVIDUAL SPORTS		
<b>TEACHING ACTIVITIES</b> <i>If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.</i>		<b>TEACHING HOURS PER WEEK</b>	<b>ECTS CREDITS</b>
		2	3
<i>Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.</i>			
<b>COURSE TYPE</b> <i>Background, General Knowledge, Scientific Area, Skill Development</i>	Scientific Area, Skill Development		
<b>PREREQUISITES:</b>	No		
<b>TEACHING &amp; EXAMINATION LANGUAGE:</b>	Greek-English		
<b>COURSE OFFERED TO ERASMUS STUDENTS:</b>	Yes		
<b>COURSE URL:</b>	<a href="https://eclass.duth.gr/courses/1021376/">https://eclass.duth.gr/courses/1021376/</a>		

### 2. LEARNING OUTCOMES

<b>Learning Outcomes</b> <i>Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.</i>
<p><i>Upon completion of the course, students will be able to:</i></p> <ol style="list-style-type: none"> <li><i>1. To acquire knowledge about the principles of performance analysis in team and individual sports</i></li> <li><i>2. Use the New Technologies to support their coaching work</i></li> <li><i>3. Organize their personal files related to each player's file (performance record), file their training plans and create appropriate training plans</i></li> <li><i>4. Recognize the usefulness of sports technique and tactics evaluation software and select appropriate software to aid the coaching process</i></li> <li><i>5. Evaluate the competitive behavior of players-teams through match evaluation software</i></li> <li><i>6. Process match data using specific software applications as well as present team performance to coaching team and players</i></li> </ol>

7. *Use appropriate software to provide feedback to players and coaches both at a technical and tactical level (creating videos of selected phases to highlight the strengths and weaknesses of the team-players)*

#### **General Skills**

*Name the desirable general skills upon successful completion of the module*

<i>Search, analysis and synthesis of data and information, ICT Use</i>	<i>Project design and management Equity and Inclusion</i>
<i>Adaptation to new situations</i>	<i>Respect for the natural environment</i>
<i>Decision making</i>	<i>Sustainability</i>
<i>Autonomous work</i>	<i>Demonstration of social, professional and moral responsibility and sensitivity to gender issues</i>
<i>Teamwork</i>	<i>Critical thinking</i>
<i>Working in an international environment</i>	<i>Promoting free, creative and inductive reasoning</i>
<i>Working in an interdisciplinary environment</i>	
<i>Production of new research ideas</i>	

- *Adaptation to new situations*
- *Decision making*
- *Autonomous work*
- *Teamwork*
- *Production of new research ideas*
- *Working in an interdisciplinary environment*

### **3. COURSE CONTENT**

1. *Basic principles of performance analysis in sports*
2. *Technical analysis programs in team and individual sports (I)*
3. *Technical analysis programs in team and individual sports (II)*
4. *Use of software for the analysis of technique in team and individual sports (I)*
5. *Use of software for the analysis of technique in team and individual sports (II)*
6. *Importance of the analysis of technical-tactical behavior in team and individual sports*
7. *Competitive observation and its use in the evaluation of competitive behavior*
8. *Method of evaluation of technical-tactical behavior-observation protocols (I)*
9. *Method of evaluation of technical-tactical behavior-observation protocols (II)*
10. *Use of software for the analysis of technique-tactics in team and individual sports (I)*
11. *Use of software for the analysis of technique-tactics in team and individual sports (II)*
12. *Sports data management (I)*
13. *Sports data management (II)*

### **4. LEARNING & TEACHING METHODS - EVALUATION**

<b>TEACHING METHOD</b> <i>Face to face, Distance learning, etc.</i>	Face to face Lectures and practical applications as well as distance learning
<b>USE OF INFORMATION &amp; COMMUNICATIONS TECHNOLOGY (ICT)</b> <i>Use of ICT in Teaching, in Laboratory</i>	Use of ICT in Teaching <ul style="list-style-type: none"> <li>• digital slides/presentations</li> <li>• video</li> </ul>

Education, in Communication with students	• MsTeams/ e-class, webmail	
<p><b>TEACHING ORGANIZATION</b></p> <p>The ways and methods of teaching are described in detail.</p> <p>Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research &amp; analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.</p> <p>The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.</p>	<b>Activity</b>	<b>Workload/semester</b>
	Lectures	26
	Laboratory exercises	22
	Literature study and analysis	15
	Home Work	12
	<b>Total Course</b>	<b>75</b>
<p><b>STUDENT EVALUATION</b></p> <p>Description of the evaluation process</p> <p>Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic interpretation, Other/Others</p> <p>Please indicate all relevant information about the course assessment and how students are informed</p>	<p>Assessment language: Greek/English</p> <p>Homework (35%)</p> <p>Written exam 65% (multiple choice test, short development questions)</p>	

## 5. SUGGESTED BIBLIOGRAPHY

- 1 Hughes M., Franks I.M., Dancs H. (2019). *Essentials of Performance Analysis in Sport*. Third edition. Published December 18, 2019 by Routledge, ISBN 9780367355418 (English version)
- 2 Peter O'Donoghue (2010). *Research methods for sports performance analysis*. Great Britain: Routledge
- 3 Carling, Ch., Williams, M. and Reilly Th. (2005). *Handbook of Soccer Match Analysis, a systematic approach to improving performance*. Great Britain: Routledge

## ANNEX OF THE COURSE OUTLINE

### Alternative ways of examining a course in emergency situations

<b>Teacher (full name):</b>	PAPADIMITRIOU KATERINA
<b>Contact details:</b>	kpapadim@phyed.duth.gr
<b>Supervisors:</b>	Yes
<b>Evaluation methods:</b>	Homework (35%) Written exam 65% (multiple choice test, short development questions)

<b>Implementation Instructions:</b>	Homework must be submitted via e-class on a specified date. For the written exam, you will be linked to the corresponding remote exam link.
---	---