COURSE OUTLINE INDOOR SOCCER COACHING AND TEACHING

1.GENERAL

| SCHOOL | PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY | | | | |
|---|--|---|-------------------------------|--|--------------------|
| DEPARTMENT | PHYSICAL EDUCATION AND SPORT SCIENCE | | | | |
| LEVEL OF STUDIES | ISCED level 6 – Bachelor's or equivalent level | | | | |
| COURSE CODE | C020 | SEMESTER 3 RD and 4 TH | | | and 4 [™] |
| COURSE TITLE | INDOOR SOCCER COACHING AND TEACHING | | | | |
| TEACHING ACTIVITIES If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits. | | | TEACHING HOURS PER WEEK | | ECTS CREDITS |
| | | | 2 | | 3 |
| Please, add lines if necessary. Teaching methods and organization of the course are described in section 4. | | | | | |
| COURSE TYPE Background, General Knowledge, Scientific Area, Skill Development | SKILL DEVELO | PMENT | | | |
| PREREQUISITES: | NO | | | | |
| TEACHING & EXAMINATION LANGUAGE: | Greek | | | | |
| COURSE OFFERED TO ERASMUS STUDENTS: | NO | | | | |
| COURSE URL: | https://eclass.duth.gr | | | | |

2. LEARNING OUTCOMES

Learning Outcomes

Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of

Upon successfully completing the course, students will be able to:

- know the Futsal regulations
- be trained in the basic technical skills related to Futsal.
- be taught and practiced in individual, sub-group and team tactics that govern Futsal, in defense and attack, both from a theoretical and practical point of view.
- be familiar with various defense and attack systems as well as set pieces in both phases of the game.

General Skills

Name the desirable general skills upon successful completion of the module

Search, analysis and synthesis of data and information, Project design and management

ICT Use Equity and Inclusion

Adaptation to new situations Respect for the natural environment

Decision making Sustainability

Autonomous work Demonstration of social, professional and moral responsibility

Teamwork and sensitivity to gender issues

Working in an international environment Critical thinking

Working in an interdisciplinary environment Promoting free, creative and inductive reasoning Production of new research ideas

- Adaptation to new situations
 - Decision making
 - Autonomous work

- Teamwork
- Working in an international environment
- Working in an interdisciplinary environment
- Production of new research ideas
- Project design and management
- Equity and Inclusion
- Respect for the natural environment
- Sustainability
- Demonstration of social, professional and moral responsibility and sensitivity to gender issues
- Critical thinking
- Promoting free, creative and inductive reasoning

3. COURSE CONTENT

- 1. Futsal Rules
- 2. Teaching technical skills in Futsal (Receiving the ball)
- 3. Teaching technical skills in Futsal (dribbling driving the ball)
- 4. Teaching individual defensive tactics in Futsal
- 5. Teaching individual offensive tactics in Futsal
- 6. Teaching sub-group defensive tactics in Futsal
- 7. Teaching sub-group offensive tactics in Futsal
- 8. Principles of defense in Futsal Defensive systems
- 9. Principles of attack in Futsal Attack systems
- 10. Set pieces in attack
- 11. Set pieces in defense
- 12. Requirements development of physical fitness in Futsal
- 13. Physical fitness programs in Futsal

4. LEARNING & TEACHING METHODS - EVALUATION

| TEACHING METHOD Face to face, Distance learning, etc. | Face to face | | | |
|---|--|-------------------|--|--|
| USE OF INFORMATION & COMMUNICATIONS TECHNOLOGY (ICT) Use of ICT in Teaching, in Laboratory Education, in Communication with students | Use of T.P.E. in Teaching and Communication with students • digital slides • video • MsTeams/ e-class, webmail | | | |
| TEACHING ORGANIZATION | Activity | Workload/semester | | |
| The ways and methods of teaching are described in detail. Lectures, Seminars, Laboratory Exercise, Field | Lectures | 26 | | |
| | Field practice | 13 | | |
| Exercise, Bibliographic research & analysis, | Tutoring | 15 | | |
| Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc. | Bibliographic research & analysis | 18 | | |
| | Examination | 3 | | |
| The supervised and unsupervised workload per | Total Course | 75 | | |
| activity is indicated here, so that total workload per semester complies to ECTS standards. | | | | |

STUDENT EVALUATION

Description of the evaluation process

Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam,

Presentation in audience, Laboratory Report,

Clinical examination of a patient, Artistic interpretation, Other/Others

Please indicate all relevant information about the course assessment and how students are informed

- A. Assessment in ACTION (60%) which will be distributed as follows:
- 30% from the presentation of the Didactic Football work on the field
- 20% of the students' technical ability, which will be evaluated by the teacher throughout the participation in the practical part of the Spring semester courses.
- 10% from systematic attendance and active participation in the course.

B. In the score of the Written Theory exams (40%) A condition for a successful overall grade of the course is that the student has been graded with five (5), both in Theory and Practice. The student does not need to repeat the exam in the theoretical or practical part, who has achieved a grade greater than five (5) and the score is included in the final grade, when he/she successfully passes the exam in the rejected part.

5. SUGGESTED BIBLIOGRAPHY

- **1.** Alefantis Spyros.(2004) Tactics and Strategy of Futsal. SoccerStation Publications. ISBN: 960-87971-0-
- 2. Tim Burns (2004). Champions in Futsal. Orion Publications. ISBA 960-630-032-3

ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

| Teacher (full name): | ISPITLIDIS IOANNIS |
|---------------------------------|--|
| Contact details: | Email: iispytli@phyed.duth.gr |
| Supervisors: | YES |
| Evaluation methods:) | Homework (35%). Distance written exam (65%) |
| Implementation Instructions: | Homework should be submitted via eclass by a specified date. |