COURSE OUTLINE COACHING AND TEACHING 3X3 BASKETBALL

1. GENERAL

SCHOOL	PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY		
DEPARTMENT	PHYSICAL EDUCATION AND SPORT SCIENCE		
LEVEL OF STUDIES	ISCED level 6 – Bachelor's or equivalent level		
COURSE CODE	C019	**SEMESTER**	3RD and 4TH
COURSE TITLE	COACHING AND TEACHING 3X3 BASKETBALL		

TEACHING ACTIVITIES *If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.*	**TEACHING HOURS PER WEEK**	**ECTS CREDITS**
	2	3
Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.		

COURSE TYPE *Background, General Knowledge, Scientific Area, Skill Development*	SKILL DEVELOPMENT
PREREQUISITES:	NO
TEACHING & EXAMINATION LANGUAGE:	GREEK ENGLISH FOR ERASMUS STUDENTS
COURSE OFFERED TO ERASMUS STUDENTS:	YES
COURSE URL:	

2. LEARNING OUTCOMES

Learning Outcomes

Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.

Upon successful completion of the course, participants will be able to:

- *have a proven knowledge and understanding of the basic rules and regulations of 3x3 basketball, and the technical, tactical, and strategic skills applicable to the game and required for 3x3.*
- *use and apply their knowledge and understanding of 3x3 basketball professionally.*
- *communicate and explain the knowledge and information acquired, to both specialist and non-specialist audiences, contributing to the dissemination of 3x3 basketball.*
- *have developed the knowledge and skills to continue their 3x3 basketball education autonomously and independently.*
- *develop a written assignment in 3x3 basketball.*

General Skills

Name the desirable general skills upon successful completion of the module

Search, analysis and synthesis of data and information,	*Project design and management*
ICT Use	*Equity and Inclusion*
Adaptation to new situations	*Respect for the natural environment*

Decision making	*Sustainability*
Autonomous work	*Demonstration of social, professional and moral responsibility*
Teamwork	*and sensitivity to gender issues*
Working in an international environment	*Critical thinking*
Working in an interdisciplinary environment	*Promoting free, creative and inductive reasoning*
Production of new research ideas	

- *Search, analysis and synthesis of data and information*
- *Adaptation to new situations*
- *Decision making*
- *Autonomous work*
- *Teamwork*
- *Demonstration of social, professional and moral responsibility and sensitivity to gender issues*
- *Critical thinking*

3. COURSE CONTENT

1. *Introduction to 3x3 basketball. History and development of the sport. Comparison with traditional 5x5 basketball. The spread and globalization of 3x3 basketball.*
2. *Regulations of 3x3 basketball. Evolution of the rules and differences in the rules with 5x5 basketball.*
3. *Structure and theoretical framework of 3x3 basketball. Phases of 3x3 basketball and differences with 5x5 basketball.*
4. *Offensive technical skills and offensive principles in 3x3 basketball.*
5. *Defensive technical skills and defensive principles in 3x3 basketball.*
6. *Offensive tactics in 3x3 basketball.*
7. *Defensive tactics in 3x3 basketball.*
8. *Physical conditioning and preparation. Special requirements of 3x3 basketball.*
9. *Individual characteristics of players in 3x3 basketball and special requirements. Differences between players of 3x3 basketball and 5x5 basketball.*
10. *Use and usefulness of 3x3 basketball in the development and growth of young basketball players.*
11. *Scouting and advanced methods of data analysis in 3x3 basketball. Performance and game analysis in 3x3 basketball.*
12. *Organization of 3x3 tournaments. Planning, managing, and understanding the requirements of organizing 3x3 basketball tournaments.*
13. *Delivery of written assignments, problem-solving, and final evaluation of the course.*

4. LEARNING & TEACHING METHODS - EVALUATION

TEACHING METHOD *Face to face, Distance learning, etc.*	The teaching method of the course is face-to-face and combines theory with practical application.

<table>
<tr><td></td><td>During the delivery, visual aids such as digital slides, presentations, and instructional videos are used to understand the basic rules, techniques, and tactics of 3x3 basketball. Case studies from professional games are also included to observe and analyze strategies in 3x3 basketball. During the practical training, participants actively participate in practical exercises on the court, applying what is taught, while tools are used to analyze and evaluate their performance. Writing of the final assignment by the students and participation in 3x3 basketball activities are carried out.</td></tr>
<tr><td>USE OF INFORMATION & COMMUNICATIONS TECHNOLOGY (ICT)
Use of ICT in Teaching, in Laboratory Education, in Communication with students</td><td>Use of ICT in teaching and communication with students
digital slides
tools for analyzing performance in 3x3 basketball and evaluating students.
video
MsTeams/ e-class, webmail/google apps</td></tr>
<tr><td>TEACHING ORGANIZATION
The ways and methods of teaching are described in detail.
Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.

The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.</td><td>
<table>
<tr><th>Activity</th><th>Workload/semester</th></tr>
<tr><td>Lectures</td><td>26</td></tr>
<tr><td>Assignments</td><td>15</td></tr>
<tr><td>Study and analysis of literature</td><td>31</td></tr>
<tr><td>Final Exams</td><td>3</td></tr>
<tr><td>Total Course</td><td>75</td></tr>
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<tr><td>STUDENT EVALUATION
Description of the evaluation process

Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam,
Presentation in audience, Laboratory Report,
Clinical examination of a patient, Artistic interpretation, Other/Others

Please indicate all relevant information about the course assessment and how students are informed</td><td>Student assessment is formative:
Active student participation in the course (10%).
Interim assessments through short appropriate practical and theoretical tests. (2χ10%=20%).
Writing an assignment by the students (20%). The assignment should be 1500 (± 10%) words and the topic should be relevant to the course content, from a range of pre-selected topics.
Written final examination (50%).
Students will be informed for the assessment and evaluation process in the first lecture.</td></tr>
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5. SUGGESTED BIBLIOGRAPHY

1. *Snoj, L. (2021). 3X3 Basketball: Everything You Need to Know. Meyer & Meyer Sport.*
2. *https://fiba3x3.com/en/rules.html*
3. *https://fiba3x3.com/docs/fiba-3x3-basketball-rules-full-version.pdf*
4. *Tristan, L. (2022). Basketball 2.0: 3x3's Rise from the Streets to the Olympics. Pitch Publishing Ltd.*

Selected articles from relevant journals.

ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

Teacher (full name):	Panagiotis Foteinakis
Contact details:	pfotinak@phyed.duth.gr
Supervisors:	YES
Evaluation methods:	Written assignment (30%). Written remote examination (70%)
Implementation Instructions:	Homework must be submitted via eclass on a specified date.