

COURSE OUTLINE BEACH VOLLEYBALL

1. GENERAL

SCHOOL	PHYSICAL EDUCATION, SPORT SCIENCE AND OCCUPATIONAL THERAPY		
DEPARTMENT	PHYSICAL EDUCATION AND SPORT SCIENCE		
LEVEL OF STUDIES	ISCED level 6 – Bachelor's or equivalent level		
COURSE CODE	C003	SEMESTER	3 RD AND 4 TH
COURSE TITLE	BEACH VOLLEYBALL		
TEACHING ACTIVITIES <i>If the ECTS Credits are distributed in distinct parts of the course e.g. lectures, labs etc. If the ECTS Credits are awarded to the whole course, then please indicate the teaching hours per week and the corresponding ECTS Credits.</i>		TEACHING HOURS PER WEEK	ECTS CREDITS
		2	3
<i>Please, add lines if necessary. Teaching methods and organization of the course are described in section 4.</i>			
COURSE TYPE <i>Background, General Knowledge, Scientific Area, Skill Development</i>	SCIENTIFIC AREA SKILL DEVELOPMENT		
PREREQUISITES:	No		
TEACHING & EXAMINATION LANGUAGE:	GREEK - ENGLISH		
COURSE OFFERED TO ERASMUS STUDENTS:	YES		
COURSE URL:	https://eclass.duth.gr/courses/KOM02443/		

2. LEARNING OUTCOMES

Learning Outcomes <i>Please describe the learning outcomes of the course: Knowledge, skills and abilities acquired after the successful completion of the course.</i>	
<p>Upon successfully completing the course, participants will be able to:</p> <ul style="list-style-type: none"> • <i>be aware of the need to perform and teach the basic skills of Beach Volleyball.</i> • <i>Have the ability to perform skills of the technique.have the ability to select, apply and teach the required elements of Beach Volleyball technique and tactics in a competitive environment.</i> • <i>Have the ability to direct the practice of athletes in the sport and the ability to set up tournaments and referee matches.</i> 	
General Skills <i>Name the desirable general skills upon successful completion of the module</i>	
<i>Search, analysis and synthesis of data and information, ICT Use Adaptation to new situations Decision making Autonomous work</i>	<i>Project design and management Equity and Inclusion Respect for the natural environment Sustainability Demonstration of social, professional and moral responsibility</i>

<i>Teamwork</i>	<i>and sensitivity to gender issues</i>
<i>Working in an international environment</i>	<i>Critical thinking</i>
<i>Working in an interdisciplinary environment</i>	<i>Promoting free, creative and inductive reasoning</i>
<i>Production of new research ideas</i>	

<ul style="list-style-type: none"> • <i>Search, analysis and synthesis of data and information, using the necessary technologies</i> • <i>Generation and organization of new research ideas</i> • <i>Planning, management and teaching skills</i> • <i>Promotion of free, creative and deductive thinking</i>

3. COURSE CONTENT

<ol style="list-style-type: none"> 1. <i>Historical facts, differences with Volleyball Salas, basic rules.</i> 2. <i>Introduction to the skills of the sport and basic stances and movements.</i> 3. <i>Technique of the cuff and pass in beach volley.</i> 4. <i>Technique of Serve, types of Serve.</i> 5. <i>Technique of Attack, types of offensive strokes.</i> 6. <i>Technique of Block and combination with defense.</i> 7. <i>Simple forms of play and variations (3X3, 4X4 etc.).</i> 8. <i>Tactics of Serve and Receive.</i> 9. <i>Individual tactics of the attacking player, call of the teammate.</i> 10. <i>Block tactics and defensive situations.</i> 11. <i>Defensive and offensive strategies.</i> 12. <i>The role of the teammate in beach volley.</i> 13. <i>Organization and Tournament Systems.</i>
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4. LEARNING & TEACHING METHODS - EVALUATION

TEACHING METHOD <i>Face to face, Distance learning, etc.</i>	Face to face	
USE OF INFORMATION & COMMUNICATIONS TECHNOLOGY (ICT) <i>Use of ICT in Teaching, in Laboratory Education, in Communication with students</i>	Use of ICT in teaching and communication with students <ul style="list-style-type: none"> • digital slides • videos • MsTeams/ e-class, webmail 	
TEACHING ORGANIZATION <i>The ways and methods of teaching are described in detail.</i> <i>Lectures, Seminars, Laboratory Exercise, Field Exercise, Bibliographic research & analysis, Tutoring, Internship (Placement), Clinical Exercise, Art Workshop, Interactive learning, Study visits, Study / creation, project, creation, project. Etc.</i> <i>The supervised and unsupervised workload per activity is indicated here, so that total workload per semester complies to ECTS standards.</i>	Activity	Workload/semester
	Lectures	26
	Work	16
	Study and analysis of the literature	30
	Exams	3
	Total	75

STUDENT EVALUATION	
<p><i>Description of the evaluation process</i></p> <p><i>Assessment Language, Assessment Methods, Formative or Concluding, Multiple Choice Test, Short Answer Questions, Essay Development Questions, Problem Solving, Written Assignment, Essay / Report, Oral Exam, Presentation in audience, Laboratory Report, Clinical examination of a patient, Artistic interpretation, Other/Others</i></p> <p><i>Please indicate all relevant information about the course assessment and how students are informed</i></p>	<ul style="list-style-type: none"> • Formative Evaluation • Practical examination 40% • Individual Homework 20% • Written examination 40%

5. SUGGESTED BIBLIOGRAPHY

1. CzimekVolker Επιμέλεια: Γιαννακόπουλος Ανέστης (2022). Προπόνηση Πετοσφαίρισης για αρχάριους/Από το μίνι βόλεϊ στην Πετοσφαίριση, Εκδόσεις Sportbook, Τσιπτσές Ηλίας.ISBN 112701633
2. StefanHomberg, Athanasios Papageorgiou (1999). Το βιβλίο του BeachVolleyball, ΕΚΔΟΣΕΙΣ ΧΡ.ΙΩΑΝΝΟΥ- ΑΙΜ.ΓΟΛΕΜΗΣ Ο.Ε., ISBN 9786185441315

ANNEX OF THE COURSE OUTLINE

Alternative ways of examining a course in emergency situations

Teacher (full name):	Anestis Giannakopoulos
Contact details:	agianna@phyed.duth.gr
Supervisors:	YES
Evaluation methods:	Homework (35%). Written remote examination (65%)
Implementation Instructions:	Homework must be submitted via eclass on a specified date.