

**DEMOCRITUS UNIVERSITY OF THRACE**  
**DEPARTMENT OF PHYSICAL EDUCATION & SPORT SCIENCE**

*UNDERGRADUATE PROGRAM*

**COURSE TITLE:**

Sports sociology
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**COURSE CODE:**

N115
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**E.C.T.S. CREDITS**

4
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**RESPONSIBLE FOR THE COURSE:**

NAME	Ourania Matsouka		
POSITION	Lecturer		
SECTOR	Sport Management, School Physical Education & Recreation		
OFFICE	B2 - 2		
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CO-INSTRUCTORS	E. Albanidis, Associate Professor		

**SEMESTER:**

1 <sup>st</sup>	<input checked="" type="checkbox"/>	2 <sup>nd</sup>	<input type="checkbox"/>	3 <sup>rd</sup>	<input type="checkbox"/>	4 <sup>th</sup>	<input type="checkbox"/>
5 <sup>th</sup>	<input type="checkbox"/>	6 <sup>th</sup>	<input type="checkbox"/>	7 <sup>th</sup>	<input type="checkbox"/>	8 <sup>th</sup>	<input type="checkbox"/>

**COURSE TYPE:**

Obligatory	<input checked="" type="checkbox"/>
Prerequisite for specialization	<input type="checkbox"/>
Obligatory for specialization	<input type="checkbox"/>
Elective ( <i>open</i> )	<input type="checkbox"/>

**HOURS (*per week*):**

2
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**DIRECTION (*only for 3<sup>rd</sup> & 4<sup>th</sup> year courses*):**

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**SPECIALIZATION (*only for 3<sup>rd</sup> & 4<sup>th</sup> year courses*):**

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**LANGUAGE OF TEACHING:**

GREEK <input checked="" type="checkbox"/>	ENGLISH <input type="checkbox"/>
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**AIM OF THE COURSE (*acquired skills & learning outcome*):**

The aim of this class is to provide to students information on the: a) historical background of the organization of sport and its current status, b) relationship among sport and other social institutions (i.e., family, economy, education, politics, religion, media, law, etc.), b) social organization, team-sport behavior, social interaction in various sports, c) political and social-cultural parameters that affect sport and sport experiences, d) social processes, such as socialization, competition, cooperation, conflict and social stratification in sports.
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**COURSE CONTENTS** (*outline – titles of lectures*):

<ol style="list-style-type: none"> <li>1. Introduction to sport sociology.</li> <li>2. Why study sport sociology.</li> <li>3. The nature of sport.</li> <li>4. Sociological perspectives in sport.</li> <li>5. History of sport.</li> <li>6. Women and sport.</li> <li>7. Sport and economy.</li> <li>8. Sport and media.</li> <li>9. Sport and violence.</li> <li>10. Sport and politics.</li> <li>11. Sport and religion.</li> <li>12. Sport and social stratification.</li> <li>13. Socialization in sport.</li> </ol>
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**TEACHING METHOD** (*lectures – labs – practice etc.*):

Lectures.
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**ASSESSMENT METHOD(S):**

<ol style="list-style-type: none"> <li>1. Essays.</li> <li>2. Final exams.</li> </ol>
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**LEARNING OUTCOMES:**

<p>Upon the completion of this course the students will be able to comprehend:</p> <ol style="list-style-type: none"> <li>1. The historical background of the organization of sport and its current status.</li> <li>2. The relationship between sport and other social institutions.</li> <li>3. The political and social-cultural parameters that affect sport and sport experiences.</li> <li>4. The social processes.</li> </ol>
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**LEARNING OUTCOMES – CONTINUED:**

<i>Learning Outcomes</i>	<i>Educational Activities</i>	<i>Assessment</i>	<i>Students Work Load (hours)</i>
Comprehension of the historical background of the organization of sport and its current status.	Lectures, annotation of digital material, home study.	Test of cognitive evaluation by written quiz.	15
Comprehension of the relationship between sport and other social institutions.	Lectures, annotation of digital material, home study.	Test of cognitive evaluation by written quiz.	15
Comprehension of the political and social-cultural parameters that affect sport and sport experiences.	Lectures, , work in groups, home study.	Test of cognitive evaluation by written quiz.	60
Comprehension of the social processes in sports.	Lectures, home study.	Final exams.	30
		<b>TOTAL</b>	<b>120</b>

**OBLIGATORY & SUGGESTED BIBLIOGRAPHY:**

1. Coakley, J. (1998). *Sport in society*. San Francisco: McGraw Hill.
2. Yiannakis, A. & Melnick, M. (eds.), (2001) *Contemporary issues in sociology of sport*. Champaign, IL: Human Kinetics Publishers.
3. Hall, A.M. (1996). *Feminism and sporting bodies essays on theory and practice*. Champaign, IL: Human Kinetics.
4. McPherson, B.D., Curtis, J.E. & Loy, L.W. (1989). *The social significance of sport*. Champaign, IL: Human Kinetics Books.