

DEMOCRITUS UNIVERSITY OF THRACE
DEPARTMENT OF PHYSICAL EDUCATION & SPORT SCIENCE

UNDERGRADUATE PROGRAM OF STUDY

COURSE TITLE:

Greek dances

COURSE CODE:

N042

E.C.T.S. CREDITS

3

RESPONSIBLE FOR THE COURSE:

NAME	Filippos Filippou		
POSITION	Lecturer		
SECTOR	Sports Organization, School Physical Education & Recreation		
OFFICE	B2-13		
TEL. / E-MAIL	25310 - 39752	ffilippo@phyed.duth.gr	
CO-INSTRUCTORS	Vasilis Serbezis, Associate Professor Dimitris Goulimaris, Assistant Professor		

SEMESTER:

1 st	<input type="checkbox"/>	2 nd	<input type="checkbox"/>	3 rd	<input type="checkbox"/>	4 th	<input checked="" type="checkbox"/>
5 th	<input type="checkbox"/>	6 th	<input type="checkbox"/>	7 th	<input type="checkbox"/>	8 th	<input type="checkbox"/>

COURSE TYPE:

Obligatory	<input type="checkbox"/>
Direction	<input type="checkbox"/>
Specialization	<input type="checkbox"/>
Prerequisite for specialization	<input checked="" type="checkbox"/>
Elective (<i>open</i>)	<input type="checkbox"/>

HOURS (*per week*):

2

DIRECTION (*only for 3rd & 4th year courses*):

Sports Recreation & Dance	
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SPECIALIZATION (*only for 3rd & 4th year courses*):

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TEACHING LANGUAGE:

Greek

English

AIM OF THE COURSE (*content and acquired skills*):

The aim of the course is to introduce students to the concept of structure and function of the Neohellenic dancing phenomenon. The subject of the course is the teaching of 31 Greek traditional dances, which are considered representative of all regions as well as cultural groups which live in the wider Greek area.

COURSE CONTENTS (*outline – titles of lectures*):

1. The anthropological approach of traditional dance.
2. Western Thrace Dances: Mantilato, Syrtos Sygkathisto, Gianni'm Gianaki'm.
3. Eastern Thrace Dances: Sirtos of East Thrace.
4. Eastern Romilia Dances: Kastrino, Sfarli, Kori Eleni.
5. Central Macedonia Dances: Gainta, Trexatos, Xromatista Tsourapia, Kageleutos, Partalo.
6. Western Macedonia Dances: Omorfoula, Nikolos.
7. Dances of Ipiros: Zagorisisos, Dontia Pikna, Tzitziras, Menousis.
8. Dances of Thessalia: Mperati, Xetsakoto.
9. Dances of Ionian: Rouga, Thiakos, Tsirigotios.
10. Dances of Dodekanisou: Pidixtos Rodou.
11. Dances of Crete: Sirtos Xaniotikos, Sousta.
12. Dances of Pontus: Omal Kars, Omal Dipat, Kotsar.i
13. Dances of Cyprus: Zeimpekikos.

TEACHING METHOD (*lectures – labs – practice etc.*):

1. Lectures.
2. Practice.

ASSESSMENT METHOD(S):

1. Testing.
2. Final exams.
3. Research project.

LEARNING OUTCOMES:

- Upon the completion of this course the students will be able to:
1. Know the meanings of the structure and function of the Neohellenic dancing phenomenon.
 2. Perform, at a satisfactory level, representative dances of all regions of Greece, as well as dances of cultural groups living in the wider Greek area.
 3. Know the basic meanings of the anthropological approach to the dance.
 4. Design a curriculum of Greek dances intended for advanced dancers' teams.

LEARNING OUTCOMES – CONTINUED:

<i>Learning Outcomes</i>	<i>Educational Activities</i>	<i>Assessment</i>	<i>Students Work Load (hours)</i>
Knowledge of the meanings of the structure and function of the Neohellenic dancing phenomenon.	Lectures, home study.	Intermediate control, written project.	14

Performance, at a satisfactory level, representative dances of all regions and cultural groups living in the wider Greek area.	Practice, tutorial practice, home study.	Intermediate check with appropriate practices (assessment with individual and group testing).	50
Knowledge of the basic meanings of the anthropological approach to the dance.	Lectures, home study.	Intermediate control, written project.	6
Design of a Greek dances curriculum intended for advanced dancers' teams.	Lectures, practice, home study.	Intermediate written control, final individual assessment.	20
		TOTAL	90

OBLIGATORY & SUGGESTED BIBLIOGRAPHY:

1. Zografou, M. (2003). The dance in Greek tradition. Athens: Self-publication.
2. Babritsas, N. (2008). Traditional dances and their teaching. Thessaloniki: Self-publication.