



DEMOCRITUS UNIVERSITY OF THRACE

DEPARTMENT OF PHYSICAL EDUCATION AND SPORT SCIENCE

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DIPLOMA SUPPLEMENT

(Valid with diploma No 737)

This Diploma Supplement follows the model developed by the European Commission, Council of Europe and UNESCO/CEPES. The purpose of the supplement is to provide sufficient independent data to improve the international 'transparency' and fair academic and professional recognition of qualifications (diplomas, degrees, certificates etc.). It is designed to provide a description of the nature, level, context, content and status of the studies that were pursued and successfully completed by the individual named on the original qualification to which this supplement is appended. It should be free from any value judgements, equivalence statements or suggestions about recognition. Information in all eight sections should be provided. Where information is not provided, an explanation should give the reason why.

1. INFORMATION IDENTIFYING THE HOLDER OF THE QUALIFICATION

- 1.1 Family Name(s):** KAZANTZIS
1.2 Given Name(s) : CHRISTOS
1.3 Place, Country of Birth: KOMOTINI GREECE
1.4 Date of birth (day/month/year): 01-04-1967
1.5 Student identification number or code: 00100

2. INFORMATION IDENTIFYING THE QUALIFICATION

- 2.1 Name of qualification and (if applicable) title conferred (in original language):**
 Πτυχίο (Ptychio) - Bachelor Degree in Physical Education and Sport Science
- 2.2 Main field(s) of study for the qualification:**
 Physical Education and Sport Science
- 2.3 Name and status of awarding institution (in original language):**
 Democritus University of Thrace, Public University
- 2.4 Name and status of institution (if different from 2.3) administering studies (in original language):**
 As in 2.3
- 2.5 Language(s) of instruction/examination:**
 Greek

3. INFORMATION ON THE LEVEL OF THE QUALIFICATION

- 3.1 Level of qualification:**
 Undergraduate - Bachelor's Degree
- 3.2 Official length of programme:**
 Duration : 4 years (8 semesters)
 ECTS credits : 240 ECTS
- 3.3 Access requirement(s):**
 Apolytirio (certificate) from Lykeion (High School - Secondary Education) and Pan-Hellenic examinations.
 Degree holders of other Universities, after placing examinations.

4. INFORMATION ON THE CONTENTS AND RESULTS GAINED

- 4.1 Mode of study:**
 Full-time

4.2 Programme requirements:

According to the Department's Internal Regulation, students graduate after having:

successfully attended all courses (70) of the programme

successfully completed and defended the optional final Diploma Dissertation, and accumulated 240 ECTS credits

Upon completion of the studies, the graduates acquire the necessary scientific knowledge, skills and competences on the field of Physical Education and Sport Science and have the opportunity to pursue their professional development as presented in Section 5. of the Diploma Supplement.

The graduates will be able to:

Teach Physical Education, Sport and Health Education in all levels of education (Preschool, Primary school, High School and Higher Education), in Sport Clubs, worksites and other setting of social activity.

Direct and serve Sport Federations, Sports' Halls, Physical Activity and Recreation Centres, companies that provide products and services in the sports' area.

Serve as technical and scientific consultants in Sports Federations, in organizations that are active in the areas of sports, physical education, health education, recreation and sports tourism.

Design and implement according to the finding of a medical examination, exercise physical activity and recreation programs supporting the rehabilitation process of health problems in patients and special populations in hospitals, health, rehabilitation and ergometric centres, health organizations and in institutions that provide services to individuals with special needs.

Design and implement exercise, physical activity and outdoor and indoor recreation programs in entities such as Local Authorities, Centres for the Elderly, Fitness and Sport Centres as well as summer camps.

Design and implement coaching and physical fitness programs for athletes participating in competitive athletic activities.

Teach traditional and contemporary dance.

Demonstrate professional and leadership skills in their professional activities.

Implement basic knowledge relevant to technological and business processes

necessary for creating and providing new products and services in the area of Sports and Physical Education.

4.3 Programme details (e.g. modules or units studied) and the individual grades/marks/credits obtained :

The subjects in which the above mentioned student has been examined and got passing grades as well as the subjects, for which the student has received recognition, are the following:

Code	Courses	Grade	Grade	Examination period	ECTS
214	ANATOMY	5	FIVE	FEB. 2006 Examination	4
113	GYMNASTICS	5	FIVE	FEB. 2006 Examination	3
112	BASKETBALL	5	FIVE	FEB. 2006 Examination	3
213	SOCIOLOGY OF SPORTS	5	FIVE	FEB. 2006 Examination	4
111	SWIMMING	5	FIVE	FEB. 2006 Examination	3
218	NEW TECHNOLOGY IN PHYSICAL EDUCATION	5	FIVE	FEB. 2006 Examination	3
211	* FOREIGN LANGUAGE I - English	5	FIVE	FEB. 2006 Exemption	2
217	PEDAGOGY	5	FIVE	FEB. 2006 Examination	4
215	PHYSIOLOGY	5	FIVE	FEB. 2006 Examination	4
124	GREEK FOLK DANCES	5	FIVE	JUNE 2006 Examination	3
226	BIOMECHANICS	5	FIVE	JUNE 2006 Examination	4
227	MOTOR LEARNING	5	FIVE	FEB. 2010 Examination	4
121	FOREIGN LANGUAGE II	5	FIVE	JUNE 2006 Examination	3
221	* FOREIGN LANGUAGE II - English	5	FIVE	JUNE 2006 Exemption	2
224	SPORT MANAGEMENT	5	FIVE	JUNE 2006 Examination	4
123	VOLLEYBALL	5	FIVE	JUNE 2006 Examination	3
122	SOCCER	5	FIVE	JUNE 2006 Examination	3
223	SPORT PSYCHOLOGY	5	FIVE	JUNE 2006 Examination	4

Code	Courses	Grade	Examination period	ECTS
234	SPORT INJURIES	5 FIVE	FEB. 2010 Examination	5
133	ARTISTIC GYMNASTICS	5 FIVE	FEB. 2007 Examination	3
232	EXERCISE PHYSIOLOGY	5 FIVE	FEB. 2007 Examination	5
235	HISTORY OF PHYSICAL EDUCATION AND SPORT	5 FIVE	FEB. 2010 Examination	4
231	* FOREIGN LANGUAGE III - English	5 FIVE	FEB. 2007 Exemption	2
233	ELEMENTARY PHYSICAL EDUCATION	5 FIVE	FEB. 2007 Examination	4
132	TEAM HANDBALL	5 FIVE	FEB. 2007 Examination	3
002	SPECIFIC METHODOLOGY OF ACQUIRING SOCCER SKILLS	5 FIVE	FEB. 2007 Examination	2
044	INTRODUCTION TO JUDO	5 FIVE	FEB. 2007 Examination	2
248	PRESCHOOL, ELEMENTARY AND SECONDARY PHYSICAL EDUCATION LAB	5 FIVE	FEB. 2010 Examination	2
247	LABORATORY CLASS : ASSESSMENT OF ATHLETIC PERFORMANCE	5 FIVE	FEB. 2010 Examination	2
241	* FOREIGN LANGUAGE IV - English	5 FIVE	JUNE 2007 Exemption	2
244	STUDENTS WITH SPECIAL NEEDS IN SCHOOL	5 FIVE	JUNE 2007 Examination	4
245	THEORY OF TRAINING	5 FIVE	JUNE 2007 Examination	4
246	FIRST AID	5 FIVE	FEB. 2010 Examination	4
243	PHYSICAL EDUCATION FOR SECONDARY SCHOOL STUDENTS	5 FIVE	JUNE 2007 Examination	4
242	EARLY CHILDHOOD PHYSICAL EDUCATION	5 FIVE	JUNE 2007 Examination	4
051	BASKETBALL - THE GAME AND ITS SYSTEMS	5 FIVE	JUNE 2007 Examination	2
052	TEAM HANDBALL I	5 FIVE	JUNE 2007 Examination	2
151	RESISTANCE TRAINING	5 FIVE	FEB. 2010 Examination	3
253	EXERCISE IN HEALTH AND FITNESS CLUBS - MANAGEMENT - OPERATION - EQUIPMENT	5 FIVE	FEB. 2010 Examination	3
251	* FOREIGN LANGUAGE V - English	5 FIVE	FEB. 2008 Exemption	2
252	RESEARCH METHODS	5 FIVE	FEB. 2010 Examination	4
022	RESISTANCE TRAINING FOR MUSCLE STRENGTHENING	5 FIVE	FEB. 2009 Examination	2
012	MINI BASKETBALL - BASKETBALL FOR YOUNG ATHLETES	5 FIVE	FEB. 2008 Examination	2
014	SOCCER TRAINING DURING CHILDHOOD AND ADOLESCENCE	5 FIVE	FEB. 2010 Examination	2
311	SPORTS BIOMECHANICS	5 FIVE	FEB. 2008 Examination	4
312	TEACHING AND LEARNING OF SPORT SKILLS	5 FIVE	FEB. 2008 Examination	4
481	METHODOLOGY IN LEARNING THE BASIC TECHNIQUES OF JUDO	5 FIVE	FEB. 2010 Examination	4
161	ALTERNATIVE FORMS OF EXERCISE - AEROBICS	5 FIVE	FEB. 2010 Examination	4
263	CORPORATE FITNESS AND MUNICIPAL RECREATION	5 FIVE	FEB. 2010 Examination	4
261	* FOREIGN LANGUAGE VI - English	5 FIVE	JUNE 2008 Exemption	2
262	STATISTICS IN PHYSICAL ADUCATION	5 FIVE	FEB. 2010 Examination	4
265	LABORATORY CLASS OF SCIENTIFIC APPROACH ON SENIOR DESIGNED PROJECT	5 FIVE	JUNE 2009 Examination	2
090	RYTHMICAL MOVEMENT EDUCATION	5 FIVE	FEB. 2010 Examination	2
313	SPORTS PHYSIOLOGY	5 FIVE	JUNE 2009 Examination	4
314	EXERCISE BIOCHEMISTRY	5 FIVE	JUNE 2009 Examination	4
482	METHODOLOGY IN LEARNING SPECIAL TECHNIQUES OF JUDO	5 FIVE	JUNE 2009 Examination	4
272	EVALUATION IN PHYSICAL EDUCATION	5 FIVE	FEB. 2010 Examination	4
271	* FOREIGN LANGUAGE VII - English	5 FIVE	FEB. 2009 Exemption	2
273	ELEMENTARY PHYSICAL EDUCATION PRACTICUM	5 FIVE	FEB. 2010 Examination	10

Code	Courses	Grade	Grade	Examination period			ECTS
275	LABORATORY CLASS FOR PRESENTATION AND ANALYSIS OF DATA USING COMPUTERS	5	FIVE	FEB.	2010	Examination	2
316	PRINCIPLES OF PLANNING AND GUIDING TRAINING	5	FIVE	FEB.	2010	Examination	4
315	NEW TECHNOLOGIES IN SPORTS	5	FIVE	FEB.	2010	Examination	4
483	CONTACT GAMES - JUDO IN ATHLETIC SCHOOLS	5	FIVE	FEB.	2009	Examination	4
282	ENTREPRENEURSHIP AND THE SPORT MARKET	5	FIVE	JUNE	2009	Examination	4
281	* FOREIGN LANGUAGE VIII - English	5	FIVE	JUNE	2009	Exemption	2
283	SECONDARY PHYSICAL EDUCATION PRACTICUM	5	FIVE	JUNE	2009	Examination	10
285 **	SENIOR DESIGNED PROJECT	10	TEN	FEB.	2009	Examination	2
317	NUTRITION AND SPORT PERFORMANCE	5	FIVE	JUNE	2009	Examination	4
484	COMPETITION ADAPTATION IN JUDO SPECIFIC TRAINING ISSUES	5	FIVE	JUNE	2009	Examination	4
485	SPECIALIZATION PRACTICUM	5	FIVE	JUNE	2009	Examination	4
Total ECTS credits							240

The column ECTS presents the credits that correspond to each subject.

* Recognition is applied when a student carries the ECTS credits from previously completed and recognized studies, e.g. Erasmus.

** Diploma Dissertation Title :ASKISI KAI ATHLISI

Title of Specialization :JUDO

4.4 Grading scheme and, if available, grade distribution guidance:

According to the Institution's Internal Regulations, the grading system falls into the 0-10 scale as follows:

8,5 - 10 : Excellent
6,5 - 8,49 : Very Good
5,0 - 6,49 : Good
0,0 - 4,99 : Fail

At least a grade of 5.0 is required for the successful completion of a course.

4.5 Overall classification of the qualification (in original language):

M.O. : "Καλώς" ΠΙΝΤΕ ΚΑΙ ΕΝΤΕΚΑ ΕΚΑΤΟΣΤΑ 5,11
Grade Average: "Good" FIVE and ELEVEN HUNDREDTHS 5,11

5. INFORMATION ON THE FUNCTION OF THE QUALIFICATION

5.1 Access to further study:

Access to Postgraduate studies

5.2 Professional status (if applicable):

According to the Presidential Decree 456/83 the holder of the Degree (Ptychio) in Physical Education and Sport Science has the following professional status:

Teacher of Physical Education and Sports in all levels of the educational system, in Sports' clubs, in worksites and in areas of social activity. Teacher of courses related to the topic of Physical Education and Sports in General, Technical and Professional Education. Director and/or supervisor Sports' Halls and Facilities. Technical and scientific consultant in Sports and Physical Activity Organizations and in entities active in respective fields.

Additionally the holder of the Degree (Ptychio) in Physical Education and Sport Science can work as: Director, Teacher, Instructor, Exercise and Fitness Specialist in private fitness centres and in private sport schools according to par. 5, art. 3, of PD 219/2006 (Gazette A' 121) and art. 20 of Law 3599/2007 (Gazette A' 176).

Sport Coach for the sport that the holder has obtained the respective specialization title according to par. 2 case

a' of art. 31 of Law 2725/1999 (Gazette A' 121).

Fitness instructor in the Sports for all programs of the Organizations of the Local Authorities according to Law 1735/87 and to Ministerial Decision Fin/27902/2007, B' 1243, Ministerial Decision 130/2007, B' 816, & Ministerial Decision 689/2007, B' 465).

Fitness instructor in summer camps organized by the local authorities, the Health Ministry and the Ministry of Agriculture according to Ministerial Decision Π1β/2007, B' 798, Ministerial Decision 2/2/2006, B' 918, Ministerial Decision 203/1998, B' 719, Ministerial Decision 203/1993.

Recreation specialist according to the decision of Prefecture of Thessaly, 122/2007/B-2240.

Executive member in Sport Tourism and Fitness Centres according to Ministry of Tourism, Ministry of Finance and Ministry of Environmental Planning, Ministerial Decision 120/2007, B' 1393.

Fitness Instructor and sport coach for individuals with special needs according to par. 7, art. 29 Law 2725/1999 - A' 121.

Fitness Instructor in Centres for Creative Activities for Children with Special Needs, according to Law 2725/1999 - A' 121, organized by the Local Authorities according to the Ministry of Health decision, P3α/2003, B' 875.

Movement Specialist and Fitness Instructor (Grade A') in institutions of Adapted Education according to the Ministry of Health decision 147/2003, B' 716.

Physical Education Teacher (Specialization: Adapted Physical Activity and Physical Education) for children with special educational needs according to Law 2817/2000, A' 78 and par. 5, c. e', art. 2 of Law 2817/2000, A' 78.

Fitness Instructor in units of the Centre for Mental Health and Research according to Gazette: ASEP 30/2007 and in units of the Centre for Elderly Care according to art. 13, of the Ministerial Decision P1c /2007, B' 1136.

6. ADDITIONAL INFORMATION

6.1 Additional information:

Erasmus placement at (Employer, Country, ECTS additionally awarded, qualitative element- e.g. very good)

Distinctions / Awards

6.2 Further information sources

Democritus University of Thrace, Department of Physical Education and Sport Science:

<http://www.phyed.duth.gr/gr/undergraduate/default.aspx>

Democritus University of Thrace, <http://www.duth.gr>

Hellenic Ministry of Education, Lifelong Learning and Religious Affairs: <<http://www.minedu.gov.gr>>

ENIC (European Network of Information Centers in the European Region) and NARIC (National Academic Recognition Information Centers in the European Union):

<<http://www.enic-naric.net/index.aspx?c=Greece>>

Hellenic NARIC (DOATAP): <<http://www.doatap.gr/en/index.php>>

State Scholarship Foundation: <<http://www.iky.gr/IKY/portal/en>>

Department of Physical Education and Sport Science address:

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Fax:0030-25310-39623

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7. CERTIFICATION OF THE SUPPLEMENT

7.1 Date: 24/1/2012

7.2 Name and Signature:

7.3 Capacity : Rector of the Democritus University of Thrace Proff. Konstantinos Remelis

7.4 Official stamp or seal:

8. INFORMATION ON THE NATIONAL HIGHER EDUCATION SYSTEM

EURYBASE (<http://www.eurydice.org/Eurybase/frameset_eurybase.html>)

EURYDICE (<<http://www.eurydice.org>>) database of the European Education Systems