

**DEMOCRITUS UNIVERSITY OF THRACE**  
**Department of Physical Education & Sport Science**

*undergraduate program of study*

**COURSE TITLE:**

DIDACTICS OF TEAM HANDBALL
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**COURSE CODE:**

**ECTS CREDITS**

N143		2
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**RESPONSIBLE FOR THE COURSE:**

name	ANTONIS KAMBAS	
position	ASSISTANT PROFESSOR	
sector	SPORTS TRAINING THEORY AND APPLICATIONS	
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co-instructors	CHRISTOS CHRISTOFORIDIS	

**SEMESTER:**

1st     2nd     3rd     4th   
5th     6th     7th     8th

**COURSE TYPE:**

obligatory   
DIRECTION   
SPECIALIZATION   
prerequisite for specialization   
elective (*open*)

**2**

**HOURS** (*per week*):

**DIRECTION**

*(Only for 3<sup>rd</sup> & 4<sup>th</sup> year courses)*

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**SPECIALIZATION** (*only for 3<sup>rd</sup> & 4<sup>th</sup> year courses*)

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**LANGUAGE OF TEACHING:**

greek

english

**AIM OF THE COURSE** (*content and acquired skills*)

Students will be given the basic knowledge to perform-demonstrate and teach sufficiently. Finally, special training knowledge will be an additional goal.

**COURSE CONTENTS** (*outline – titles of lectures*)

Lesson 1: Models of learning in team sports (ball school, LTAD).  
Lesson 2: Types of activities, programs, training unit, lesson plans.  
Lesson 3: Learn the techniques and tactics in school.  
Lesson 4: Methodology in teaching techniques and error correction.  
Lesson 5: Teaching ball handling and basic pass.  
Lesson 6: Teaching ball high acceptance, high throw and basic steps.  
Lesson 7: Teaching feints and offence cooperation's.  
Lesson 8: Exemplary teaching.  
Lesson 9: Let's go play mini-handball.  
Lesson 10: Handball Lesson I.  
Lesson 11: Handball Lesson II.  
Lesson 12: Handball Lesson III.  
Lesson 13: Handball Lesson IV.

**TEACHING METHOD** (*lectures – labs – practice etc*)

Lectures, exemplary teaching, microteaching.

**ASSESSMENT METHOD (-S)**

Theory-test (30%), practical application of a scenario (30%), practical examination conducting exemplary lesson (40%).

**LEARNING OUTCOMES**

Upon the completion of this course the student will be able to:

1. use the modern teaching principles in handball
2. demonstrate a satisfactory level of basic skills of the individual technique of the game
3. design and implement reasonable educational / training units.

**LEARNING OUTCOMES - CONTINUED**

<b>Learning outcomes</b>	<b>Educational activities</b>	<b>Evaluation</b>	<b>Students Work Load ( hours)</b>
1) Will know the modern principles of teaching in handball	Lectures, demonstrations and commentary of digital material, study at home	Exams	10
2) Will be able to demonstrate a satisfactory level of basic skills of the individual technique of handball	Practical exercises, practice and homework, tutorials	Intermediate exams with appropriate practical tests	30
3) Will be able to design and implement a reasonable educational / training units.	Practical exercises training & homework, test implementations of EM and IIM.	Intermediate exams with quizzes and final test with practical application.	20
		<b>Total</b>	<b>60</b>

**OBLIGATORY & SUGGESTED BIBLIOGRAPHY:**

- TROSSE, H-D. (2008). HANDBALL HANDBOOK. ATHENS: ATHLOTYPO
- TOGANIDIS TH. & CHATZIGEORGIOU D. (2006) HANDBALL IN PHYSICAL EDUCATION. THESSALONIKI: SALTO