

AIM OF THE COURSE (*content and acquired skills*):

The aim of the course is to equip students with the necessary knowledge to organize and run sports academies and camps.

COURSE CONTENTS (*outline – titles of lectures*)

1. Sports academies and camps – General information.
2. Structure and organization of sports academies.
3. Model academies in Greece.
4. Structure and organization of sports camps.
5. Model camps in Greece.
6. Athletic camps.
7. Presentation of model recreational camps in Greece.
8. Search of programs about sports academies and camps using internet.
9. Organization of friendly matches – Travels for academies.
10. Public relations of sports academies and camps.
11. Student presentations (various sports).
12. Student presentations (various sports).
13. Review of lectures - Answering questions.

TEACHING METHOD (*lectures – labs – practice etc.*):

1. Lectures (50%)
2. Presentation of model sports academies and camps in Greece (30%)
3. Presentation of running a sport academy or camp in my region (discussion) (20%)

ASSESSMENT METHOD(S):

1. Participation in class (20%)
2. Paper (20%)
3. Written final exams (60%)

LEARNING OUTCOMES:

Upon the completion of this course the student will be able to:

1. Know and understand the function of sports academies.
2. Know and understand the function of sports camps.
3. Organize sports academies.
4. Organize sports camps.

LEARNING OUTCOMES – CONTINUED:

<i>Learning Outcomes</i>	<i>Educational Activities</i>	<i>Assessment</i>	<i>Students Work Load (hours)</i>
Knowledge and understanding of the function of sports academies and camps.	Lectures, demonstration and discussion on digital material.	Regular controls with written tests.	10
Knowledge of the basic principles of the game, at a satisfactory level.	Practical exercises, training and auxiliary exercises.	Regular controls with suitable tests of cognitive evaluation.	10
Reproduce the basic principles of the teaching	Lectures and group projects.	Regular controls in order to evaluate α)	20

method of the sport.		practical teaching β) written teaching plans.	
Ability to design training / exercising programs in order to teach the personal technique.	Lectures, practical exercises and assignment of 2 group projects.	Regular projects, final exams.	20
		TOTAL	60

OBLIGATORY & SUGGESTED BIBLIOGRAPHY:

Notes on the subject of the class.
